

# The Constant Times

*also on-line*

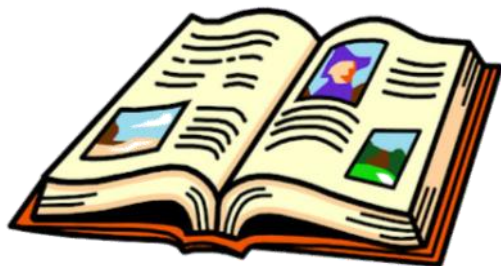
VOLUME 10, ISSUE 4  
SEPTEMBER & OCTOBER 2021

## History Book of Constantine - over 50 copies already pre ordered!

**Tracey Clowes & Sally Coot**

Sally and I would like to thank everyone for their support and encouragement for our project to write another history book for Constantine. Neither of us have ever embarked on such a challenge and the realisation of how much work is involved is now becoming a reality. Sally has been hard at work interviewing folk and recording many stories, collecting photographs, making masses of phone calls and helping raise funds by having a stall on her drive selling an interesting variety of goods. Many hours have already been spent in Cornwall Records Office researching for information, talking to printing companies and a graphic designer.

We have decided that the first chapter in the book will focus on Constantine in 1949. A year when the Methodist Chapel (now the Tolmen Centre) closed for renovation and redecoration in January, and the BBC broadcast from the Queens Arms in December. There was Carnival week, Sports days, dances, thunderstorms and the sad death of a much loved Vicar after he collapsed in the Church, all these events sparking a memory in many of local residents, giving us material for the book.



We cannot put everything we research or are given into the book, but we shall use all the information and photographs to create an exhibition which will run alongside the book launch which will be available to view at Constantine Museum. Copies of photographs will be donated and stored in the archive at the Museum together with any oral history accounts. It is a dream of an idea that at the end of the project we may be able to install somewhere in the village, a listening post for our oral history accounts, however this will very much depend on funding and planning permission.

The project is self funded, not relying on any grants and any profits will go towards the upkeep and maintenance of Constantine Museum. We are aiming at a print run of just 250 books in the first instance and presently we have 50 pre ordered. We are hoping to keep the cost of the hardback book between £20 and £25. Copies can be pre ordered through Sally Coot.

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### Also in this issue...

*Cricket Club improvements* - **Page 2** • *Champion Bosahan Simmentals* - **Page 3**  
*Church Hall future* - **Pages 4 & 8/9** • *Constantine WI's 70th birthday* - **Page 10** *Wild-flower planting initiative* - **Page 17** • *Tolmen entertainment is back!* - **Pages 22 - 23**



## Constantine Cricket Club starts a new innings

Nigel Logan

As many of you will have noticed or heard there's been quite a lot going on at Boulder Parc over the last year or so. With two teams competing in the Cornwall Leagues on Saturdays, friendlies on Sundays and a flourishing youth section we have needed to upgrade the ground and facilities to attract players and bring on youngsters from within the village and surrounding area.

On Tuesday nights during the season we have had, on average, 40-50 boys and girls learning the basic skills, running around and enjoying the freedom they need while learning about the disciplines of the game and, perhaps, life in general. We've also just started Women's softball sessions on Monday evenings which we hope will develop into a proper team structure in due course.

To improve the infrastructure (which was originally set up in 1995 following a massive effort by our Trustees) we have, over the last year, built a new roller shed, refurbished the score box, overhauled and upgraded the machinery, landscaped the pavilion surrounds and generally spruced everything up.

Our latest project has been to build a stylish bar following a successful application for a license to sell alcohol. The bar will be open on match days, practice evenings and occasional events and will provide us with a vital income stream so that we can realise our ambition to build a dedicated practice net in the far corner of the field which will cost in the region of £20,000. The pavilion itself is available for local groups and modest gatherings at reasonable rates.



As we approach the centenary of the Club (although we are not absolutely certain of the year!), we are determined to drive cricket in the village forward despite the

challenges of running participatory sport in this era of passive entertainment. We depend on volunteers, local support and players of all standards so please feel free to drop in, say hello, buy a beer and if you've got a skill or a trade we can probably take advantage of you!

Practice nights in the season are Wednesdays - all welcome.

### Cricket contacts

**Chairman:** Justin Rowse -

[rowsejb@gmail.com](mailto:rowsejb@gmail.com) 07834 321986

**Secretary & Club Captain:** Darren Griffiths -

[darrengriffiths37@outlook.com](mailto:darrengriffiths37@outlook.com)

**Younger Age Group Head Coach:** Graham

Griffiths - [grahamlgriffiths2015@gmail.com](mailto:grahamlgriffiths2015@gmail.com)

07864 338787

**Membership Secretary:** Nigel Logan - [nigelslogan@gmail.com](mailto:nigelslogan@gmail.com)

01326 340583



## Bosahan Simmentals win Stithians virtual Show Beef Championship

### John & Bridget Olds

Due to the lack of agricultural events being held during the pandemic, Stithians Agricultural Association staged a virtual show in July where entries could be photographed and e-mailed to the various section secretaries and judged on-line.

Bosahan were delighted to win several prizes in the cattle section including championship and reserve in the beef breeds division. Stock forward were judged by Jonny Dymond the senior auctioneer and auction centre manager at Shrewsbury Auction Centre. He joined Halls in 2017 and started his career with Kivells in his native Cornwall and Devon.



The champion Kinclaven Infusion is a polled British Simmental bull born 15 August 2017 and was bred in Perth Scotland. He was purchased at Stirling Bull Sales in February 2019 and selected as reserve male champion at Royal Cornwall Show the following June.

Winning the beef bull any age class of 13 entries the judge described him as exactly what he looks for in the senior stock bull, stylish head, wealthy even shoulder, extra length, solid flesh in the loin and deep full rounds.



Selected in reserve was Bosahan Harmony Whitney born 19 February 2016. A third calver she is currently rearing twin heifer calves by Infusion. Shown successfully at Royal Cornwall in 2017 winning the yearling heifer class and standing reserve female champion.

Winning the beef cow class of 11 entries the judge described her as a fabulous maternal cow, she strikes me as a real character with the natural instincts of the Simmen-

tal breed which are outstanding milk producers compared to their continental counterparts. Being very milky with desirable teats she should rear her calves well.

In the group/herd class of 12 entries three young calves caught the judge's eye. All born in 2021. Left to right meet Mars, Matilda and Mercury.

Many of you will have seen these cattle grazing in fields close to the road on your circular walks from the village through Brill and back.



## Future of the Church Hall - survey results

The Church Hall was listed as a community asset by Cornwall Council in 2020. Transition Constantine circulated a questionnaire with the last issue of Constant times to gauge the opinion of the community about the future of the Church Hall.

We did not include a link to the Church' Diocese's plans for the Hall as we were told they were confidential. They are now available on the planning portal - PA2100737/TR11 5AN, or just type in Constantine Church Hall and the plans will come up. The application is for pre-planning advice, after which the Diocese will decide whether to go for full planning permission or not.

Once the property goes on the market, the community has six months to raise the money to bid for it. The Diocese does not have to accept the community bid, but it cannot sell it until the six months is up.

97 Households returned the survey, which is apparently not a bad response, although we are conscious that not everyone has had their voice heard about the future of the Church Hall. 75 people would be sorry to lose the Hall (previously the village school), while 67 said they thought the Hall should be kept as a community building.

Two things stood out from the survey - a desire for physical activities in the village (45), and clubs and other provision for children and young people (48). The main focus of Transition, in the face of the Climate Crisis, is to help to build a resilient community, so it is desirable to provide facilities locally where possible rather than people having to drive to access keep-fit or sea-scout meetings etc.



## Transition Constantine

Transition Constantine also has two lists of wishes for the village from the two Constantine Community Days that we hosted.

It is obvious that the Church Hall, if retained, cannot meet all the needs expressed and indeed should not be in competition with other facilities within the village.

It is also essential that the Hall would need to be financially sustainable, so it will be necessary to create permanent income streams from the building. There was a desire expressed for office/

studio or workshop space in the questionnaire, so if anyone would be interested in renting a space within the Hall, please make contact.

In order to review the needs of the community, Transition Constantine is hosting a workshop with all the existing amenity providers on September 1st at the Tolmen Centre. The intention will be to review which venues can meet the various expressed needs and to explore future possibilities that result in a more resilient community.

If there is a desire to acquire the Hall for the community, it will be necessary to start fund raising in the near future. We will be seeking someone to take on the role of project leader to raise funds, working with funding experts that we are in contact with, to create the money for a six month part time salary for them, and money to carry out a feasibility study and business plan for the Church Hall. Further fund raising can take place in parallel.

***Anyone interested in this short term opportunity should make contact :***

**[tmconstantine@btinternet.com](mailto:tmconstantine@btinternet.com)**



## Bosahan Woods Wildlife Survey

Chris Hussey

Earlier in the year the woods management group became aware that Bosahan Woods are classified by Cornwall Council as a 'County Wildlife Site'. This is a county-specific designation that does not have the statutory significance of, say, a Site of Special Scientific Interest. It has meant, though, that we were entitled to a free survey of wildlife in the wood carried out by Cornwall Wildlife Trust. Accordingly, the woods were surveyed in late spring by Sue Hocking of CWT.

The resulting report has some interesting observations and a number of specific recommendations. Perhaps some of the more significant are that we should aim to:

- over time, reduce the beech dominance of the wood, to improve the wildlife value of the wood, and to also increase resilience to climate change;
- remove non-native species with invasive tendencies;
- re-coppice some of the hazel in the formerly coppiced area, with the aim of reintroducing a coppicing rotation;
- make some native shrub plantings to supplement the 'sparse understory';
- consider applying for a Countryside Stewardship Woodland Management Plan grant to support production of a 10 year woodland management plan

Adopting these recommendations would in some respects, and in the longer term, change the 'feel' of the wood. so it will be important for the management group to explain fully the rationale for any actions proposed, and to seek the views of the local community on the extent and the timing of any actions as recommended in the report. The full report can be read in the latest news post on the woods website:

<https://constantinecornwall.com/woods/>



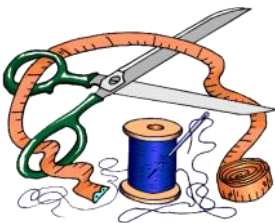
### Stitch in time

*I am hoping to start a sewing club (hand and machine) in the church. If anyone is interested*

*please contact me*

**Jane Mann 01326 375502**

[randjmann@yahoo.co.uk](mailto:randjmann@yahoo.co.uk)



### Oliver Carne Service of Celebration

Due to the postponement of Lockdown Easing in July, the service for Oliver could not take place.

It has now been rescheduled for Monday 25th October at 2.30pm in Constantine Church. Everyone is welcome.



## Constantine Cottage Garden Society

Peter Wilson

I really enjoy this time of year, sitting in the garden with a warm gentle breeze, gently blowing the ever growing plants too and fro, as they look lush with green foliage and colourful summer blooms. But as I sit, my thoughts naturally turn to winter planning and autumn plantings, the bulb catalogues are out and there are a few jobs that I need to get done, before I can truly put my feet up.

The Constantine front garden and hanging basket display judging took place on Tuesday 20th July. A beautiful hot sunny day afforded the judges a perfect view of the gardens and baskets at their best. After much deliberation, the following gardens won best in the overall categories as follows:

**Best large Garden** - 64 Penbothidno

**Best Small Garden** - 25 Penbothidno

**Best Hanging Basket Display** - 7 Glebe Terrace.



*Peter Wilson presents trophy for Best Small Garden to Cyril and Sheila of 25 Penbothidno*

A full list and photographs of the all the winners and those placed 2nd and 3rd can be seen on the Constantine Cottage Garden Society Facebook page. Please feel free to join and comment on the wonderful gardens on display. There is naturally a full 12 months until next years judging, it could be your garden being judged and displayed in one of the winning categories, so get gardening!

The Winter programme for the society kicks off on Thursday October 14th at the WI Hall, 7.30pm. If you wish to join the society and come to the talks please turn up and you will be warmly welcomed. The talks are:

**Thursday October 14** - Roger Hooper, Cornwall Butterfly Conservation Group - illustrated talk on West Country Butterflies

**Thursday November 11** - Sheila from The Old Withy Garden Nursery at Gweek  
An illustrated talk on Late Colour

**Thursday December 9** - £3 Festive Fun Christmas Party - please bring a plate of food

**Thursday January 13** - Kim Parish, Landscapes of Distinction - illustrated talk on Planting a Garden for All Seasons

**Thursday February 10** - AGM at 6.45pm

followed by illustrated talk by Jennie Pina-Trengove, Asst. Head Gardener, Treliwick

**Thursday March 10** Roger Hooper, Cornwall Butterfly Conservation Group - illustrated talk on Gardens for Wildlife.

Some fascinating and interesting talks lie ahead, I for one am eager for our meetings to resume, it has been a long time.

A number of people have been asking whether there will be a show next Summer. Believe it or not, planning needs to start almost immediately. A number of things need consideration before a final decision can be made. These obviously include Covid issues, but most importantly availability and commitment from members and the community to organise such an event. I propose this is discussed as part of the first winter programme meeting. If anyone wishes to discuss these matters please either attend the meeting or feel free to contact me.

Let us hope that we can eek out a few more weeks of hot weather and maybe even an Indian Summer beckons, who knows, but whatever it has in hold for us Happy gardening everyone.

## Glebe Woodland Works under way

Caitlin DeSilvey

After a long wait, on 1 June Transition Constantine (under the auspices of the Constantine Enterprises Company) took on the tenancy of the 2-acre parcel of Glebe woodland in the valley between the cemetery and the allotments.

We're now beginning to make the area safer for walkers and other users, and to make plans for caring for the woodland into the future. Frequent Glebe walkers will have noticed that Iron Orchid Landscapes have started tree works to remove precarious trees overhanging the paths. So far, they have felled a stem of a mature ash that had split from its base and was suspended on another tree over the main footpath, and taken down a mature wild cherry that had split and was threatening to collapse onto the old rhododendron and the adjacent clearing. Another day of work is planned in August to address similar hazards at the lower end of the path.

This work has been supported by a generous donation from the Parish Council, and by donations from individuals and businesses. We're very thankful for this support, and for the support of



Photo: Mica Talbot

the CEC. We have a group of volunteers who have offered to assist and several community groups have already expressed interest in using the woodland for activities. We're planning a community workday in the autumn -- please email [c.desilvey@gmail.com](mailto:c.desilvey@gmail.com) if you would like to be added to the volunteer email list or the Slack organising group.

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## Why the Church Hall lease was relinquished

It cannot have escaped your notice that there has been a lot of talk about the future of the church hall. I have heard and seen a great deal including a survey form asking for people's opinions. So I thought that it would be appropriate for me to state the reasons why the church has relinquished its lease on the hall and in so doing, counter any rumours and mis-information which may have been circulating.

The church hall, along with the car park, the teas under the trees area and the associated parking area and what are known as the Glebe fields, belong to the diocese and are administered by the Glebe committee. The church hall car park, the public toilets and the teas under the trees area and associated parking area are rented by the Parish Council. The Glebe fields are rented by Mr. Paul Carter of Trengilly Farm.

The reasons the Parochial Church Council gave up the lease on the church hall are as follows: Constantine church has embarked on what is called the Matthew 20:28 project which aims to re-order the church to better utilise the space and make it much more open for community use. The hall was expensive to maintain, is in a poor state of repair, and has, for some time been very under-utilised. We realised that almost all the activities that took place in the hall could be accommodated in other locations rendering the church hall redundant with regard to its past uses.

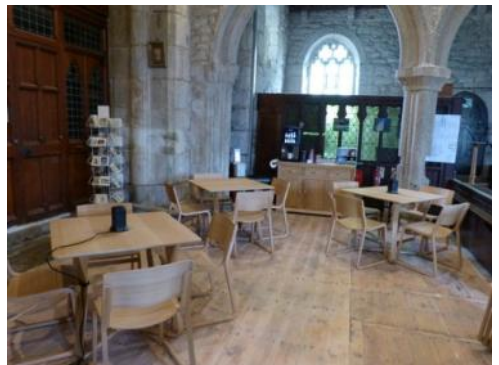
One of our main concerns in giving up the lease on the hall was that the community should not lose any of the facilities associated with it. We entered into negotiation with the Glebe committee and it was agreed that they would

provide a new car park in the Glebe field which would have a capacity three times greater than the existing one; and if there is one thing this village needs it is more parking, that the "Teas Under the Trees" area should remain, and the new car park would not encroach on or spoil this valued resource in any way. A new toilet block would be built to the left of the current church hall car park entrance, some 30 yards away from the existing one which would not only be a modern building but also include full disabled facilities. All of these improvements would be supplied at no cost to the community.

The two main users of the church hall were the Arts Society and the Guides and Brownies. The Arts Society now meet, and will shortly be holding their first exhibition, in the church.

The guides and the brownies now meet at the cricket club. This is an excellent location for them having clean, modern facilities and a huge, safe outside space for other activities.

The church has set up a community cafe, Monty's, which provides quality hot and cold drinks and a welcoming, comfortable place to relax and meet with friends along with a children's play area





### Rev. Stewart Turner *(Parish priest for Constantine with Gweek)*

all in beautiful surroundings. There is a free hyper fast Wi-Fi connection, along with hot desks especially set up for people who wish to access this service. These facilities have proved to be incredibly popular with young and old alike.

As the Matthew 20:28 project progresses the facilities that the church can offer will also increase.

Working together with the other village organisations, The Tolmen Centre, The Social Club, The WI, The Cricket Club and the School and identifying what each

has to offer will mean that there will be almost no activity that cannot be accommodated.

I hope this information will enable you to make a more informed decision about the future of the church hall and if you have any questions about it or the Matthew 20:28 project in the church then please do get in touch and I will do my very best to provide you with an answer.

[rev.stewart@stconstantine.plus.com](mailto:rev.stewart@stconstantine.plus.com)

(01326) 340259

May God bless you all.



### Bat Walk & Talk

**4 September at Trenarth Manor, High Cross, Constantine TR11 5JN 7.30pm to 9.30pm.**

Join Dr Carol Williams from the Bat Conservation Trust on September 4<sup>th</sup> at Trenarth Manor, High Cross, Constantine and learn all about bats in their natural habitat and see and hear them as they emerge to feed at Trenarth. Old buildings, mature woodland and pasture around the Helford River provide rich habitats for many bats and Dr Williams has made a particular study of the bat species in the Helford area.

The evening begins at 7.30pm. Stout walking shoes or boots are advised, as well as suitable clothing. Please bring a torch. Tea and coffee will be provided.

This is a free event for under 18s and HMCG members, £5 for others. Numbers are limited and booking is essential. Please contact [bookings@helfordmarineconservation.co.uk](mailto:bookings@helfordmarineconservation.co.uk)



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01326 250436

## Constantine W.I celebrates 70th anniversary Liz Pearce, President

The Constantine W.I. have just celebrated their 70th Anniversary at Trenarth Manor, with a superb communal lunch, which a number of our new members attended, meeting other members for the first time. A beautiful celebration cake (below) was made by 13 year old Grace Vyvyan.

One of Constantine W.I.'s founding members was Beaujolois Inez Cavendish, who died recently at the age of 102 years. She was a truly inspirational woman who left the W.I. a small legacy which was announced at the 70th birthday lunch.

Also announced was the receipt of £1000 from the John Laing Charitable Trust, for the Constantine W.I. Helen Rogers one of our long term members was instrumental in applying for and obtaining this grant, under the 'make a difference scheme'. We are extremely grateful for both these donations and intend to put them to good use replacing the floor in the W.I. Hall, thus making it easy to clean in these COVID times and more multi-purpose.

The next W.I. meeting is on Monday September 13th at 2 p.m. and will include a talk by Shelly Wilde on her new business, The Jam Pot Flower Company. On 11th October we have Clean Ocean Sailing, Cleaning our coasts and oceans under sail on a 113 year old sailing boat



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## Constantine Who's Where - Update Chris Hussey

There was an article in the last Constant Times which asked those running local organisations to send contact details to go in the proposed new edition of Who's Where.

The last published issue of Who's Where contained contact details for over 100 local organisations of various sorts, but so far only four have provided the information requested.

Given that response, it looks like we're going to need a Plan B for gathering the details needed! The Transition Constantine group will be looking for alternative ways of completing the directory of local organisations.



## A note on homelessness and an opportunity to help

**Constantine Book Group Plus welcomes Patrick Gale - live streamed to the Tolmen Centre on Thursday 9 September**

This fund raising event for Emmaus Cornwall will start at 6.15pm. Patrick is a prolific writer and brilliant speaker who lives in the far West of Cornwall. Patrick will be in conversation on Zoom about his work, including his latest novel, *Mother's Boy* (due out on March 1 2022), with his friend the novelist Cathy Rentzenbrink. This online talk will be raising badly needed funds for the superb charity Emmaus, which works to prevent homelessness.

Along with a Project Manager, a group of dedicated volunteers are working to set up Cornwall's first Emmaus community, providing people with a chance to work their way out of homelessness. The Emmaus vision is for a world in which everyone has a home and a sense of belonging.

Becoming homeless has a devastating impact on someone's self-esteem. This is not something that is always resolved just because they get a roof over their head. Emmaus offers something different. Those coming to live at an Emmaus community are provided with a home for as long as they need it, companionship from others and a sense of purpose, as everyone works together to support their community.



Cornwall is suffering acutely from the impact of the economic downturn, with more and more people living in poverty, struggling to make ends meet, and many finding themselves homeless. Since 2012, the number of people reported sleeping rough in Cornwall has doubled and the devastating economic impact of the coronavirus pandemic means that a significantly greater number of local people are now without a permanent home. An Emmaus community in Cornwall will offer a home and meaningful work for those who have experienced homelessness.

There will be second-hand books on sale and lots of opportunity to talk books! The bar will be open. The evening will start with an introduction from Richard Williams at the Tolmen Centre. He will give a brief insight into the aims of Emmaus Cornwall followed by the live streaming of Patrick in conversation with Cathy Rentzenbrink.

Tickets [www.tolmencentre.co.uk](http://www.tolmencentre.co.uk) or on the door if any remain – book to avoid disappointment. Tickets £5.00 each.

## Constantine School News



We were fortunate to enjoy a wonderful summer term, fully open and our attendance was high which was pretty amazing considering the year we have had. Our children have been keen to come to school and our families and school community have been so supportive in all we have tried to achieve following the national lockdowns and we feel so lucky to be part of such a great village.

We are certainly looking forward to starting the new academic year as we mean to go on in September. Our school is steadily growing and we have had some alterations inside as well as safety fencing erected outside in preparation for the new school year.

We are very much looking forward to government announcements that will enable us to once again, invite you into our setting and we are hoping to welcome back our volunteers as we have missed them all during the last year.

### Kids Council






Our Kids Council have been busy trying to make our school

grounds look more attractive. They contacted local garden centres and ask for donations of wild flower seeds and re used old wellies to plant them in. Our front fence looks much better for it. They also attended the Kernow Learning G7 Summit conference where all 19 Kernow Learning schools were represented. Oliver (Y6) and Lily (Y4) were our representatives along with governors Jude Carroll and Charlotte Evans. They took all our ideas and solutions to the table and helped devise the Kernow Learning G19 Children's Charter which is a focus for Constantine Primary and all KL schools from now on.

## Kernow Learning Children's Charter



We, the children of Kernow Learning schools, commit to the following charter pledges which were formulated at our G19 Trust Summit on 10th June, 2021. We commit to:

-  1. The promotion of outdoor learning experiences in school and out of school.
-  2. Well-being at the centre of school discussions.
-  3. Educating everyone about how to look after the plants and animals of our world.
-  4. Raising awareness of, and active involvement in, recycling and the use of environmentally friendly products.
-  5. Equality of access to life's basics for all.

We ground these pledges in our Trust values of Respect, Equality and Collaboration.

We evoke article 12 of the United Nation's Children's Charter and implore international leaders at the International G7 conference, being held in Cornwall on 11.06.21, to listen to our ideas and commitments.

"It is important for all children to know about these issues as we are the future decision makers of our country. If we do not address these problems now, we will have much bigger challenges to face in the future." Constantine Pupil.



## Cags Gilbert, Head of School

We have already tried to support making an impact on agenda items 3 and 4 by working with some local enthusiasts to try and alert others about the worrying use of pesticides in our local area. Our children-designed posters and these have now been duplicated and given out in the village to display. The amount of entries was overwhelming and the high quality designs made the judging very difficult. The winning designers were all awarded with art prizes. Have you seen any of the winning posters around the village?



## Educational Visits

At Constantine we thrive on educational visits to further enhance what we learn in the classroom and it was great to be able to utilise local attractions for all our classes as well as give our children camping and residential experiences. The majority of classes visited The Seal Sanctuary

and Year 1 children were delighted to finally get to visit Diego, a sea lion, who they adopted during lockdown.



quays for crabbing, swimming and rock pooling. Years 5 and 6 had a little longer, camping for five days at the Gig Club in Gweek, visiting local mines and attractions all linked to their topics in school. The weather was generally kind to us and we hope to continue with our residential programme again next year.

## Camps

Year 2 camped in the school hall for a night and enjoyed cycling fun, an Anne's Pasty supper and film night. Years 3 and 4 camped for two nights and three days at Drift Farm at High Cross and they walked miles to get to local beaches and



## Constantine School News (Continued)

### Summer Days Performance

Sadly we said good bye to our Year 6 children at the end of term and we were so delighted to have been able to use the Tolmen Centre for their end of year performance. They did an amazing job singing, acting and dancing and entertained four audiences. Each performance got better with the children becoming more and more confident as the week went on. There were even surprises in there for the staff when the children started ad libbing and adding their own touches. We are so fortunate to be able to give our children this wonderful opportunity to perform on a professional stage set with lighting and musical accompaniment from the awesome Rob Norman. Our children and staff worked so hard and it paid off.

*Dear Parents,*

*Thursday evening.... I was totally overwhelmed by the most amazing final production of Summer Days, the most wonderful team of adults and children came together to produce an incredible show. The singing was fabulous, the dancing brilliant and the acting wonderful. I could not have asked for a more uplifting end to my long and varied time at Constantine School. I was totally surprised to be called up on stage at the end to receive beautiful flowers, kind words from Mrs G. and sweet and thoughtful cards from all the children. I managed not to cry until I read all the cards at home!*

*I arrived at Constantine school when my youngest child was 6 years old, and he has just celebrated his 32nd birthday! I was a part time teaching assistant in Year One*



We also said farewell to Mrs Micklem who has retired after many amazing years at our school. Here is a final message to all our parents from the wonderful Mrs M who will be greatly missed by us all here at Constantine Primary:

*and my main role was washing paint pots and clearing up accidents! I have worked with too many headteachers, teachers and teaching assistants to count and worked in every year group! I have been a dinner supervisor, worked with a 1 to 1 and supported numerous student teachers and new staff. While I worked at school, I was awarded my degree in education, the same year my youngest*

*daughter achieved her degree, and I received my HLTA status.*

*Headteachers over the years have encouraged me to do more - I do remember being very scared to even take the class register! Teaching children to love reading*

*has always been a priority for me and is one of my passions. I have taught lots of children to swim, which is so rewarding. Giving confidence and making children believe in themselves is key to their success. When the government introduced PPA I took on the role of teaching RE across the school from reception to Y6. Finally, five years ago, my greatest personal challenge leading the Music here which I have loved. Inspiring children to sing with my guitar, play the ukulele or just enjoy listening to music has been incredibly fulfilling and reading the beautiful children's cards I received this evening makes me realise it's all been worthwhile!*

*My greatest memories of Constantine School will be the amazing opportunities that all children have at the most brilliant primary. I have been so proud to be part of the Constantine team, from doing the first ever KS1 camp with Miss Cheshire (now Mrs Gilbert!) to being a school governor, to running Kids club for 10 years and most importantly inspiring children to believe in themselves and to be the best that they can. Songfest, seeing children's faces at singing assemblies, watching the boy who was so terrified of water collect his 5m swimming badge, the school weddings, the choir performing, my school uke group playing at the Hall for Cornwall, concerts, the plays, the community day, RE days... I could go on!*

*Since announcing my impending retirement, the comments from parents, children and staff have brought tears to my eyes. Thank you all. I will miss the Constantine team but hope the school continues to flourish while I have more time to spend with David, my husband, enjoy my children, grandchildren, play my guitar, ukulele and sing with the band, visit the mountains, spend time in our garden and continue to*

## Cags Gilbert, Head of School

*learn Spanish so I can chat with my Mallorcan grandchildren! I think I will be busy. Finally, I cannot finish without mentioning Harry Belafonte's song, Yellow Bird which started me on my own musical journey and which the children here all love. Keep singing Constantine! Thank you everyone. It has been a privilege to be in the Constantine Team.*



## Want to advertise ?

The Constant Times is an important part of the village community; keeping people in touch with local events and enabling them to contact local businesses and services. It goes to all 750 – (2000 people) in the village of Constantine **and** is available online:

<https://constantinecornwall.com/the-constant-times/>

**Advertise for as little as £12 for one issue. Rates for one year (5 issues) are:**

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Contact me at [susanwendyyates@gmail.com](mailto:susanwendyyates@gmail.com) or 075646011 or send a copy of your advert to Peter Binns at [constant.times@gmail.com](mailto:constant.times@gmail.com). He'll even design an advert for you. If you decide to advertise, an invoice and payment details will be sent to you. The copy deadline for the next issue is 15 October.



## Constantine Guiding 2021/22

Charlotte Evans

Constantine Rainbows, Brownies, Guides and Rangers would like to thank the Cricket Club for accommodating us following the change of use of the Church Hall. Without the opportunity to use this venue our members would not have been able to enjoy resuming our in-person sessions following an unusual year of remote meetings.

We have spaces in Rainbows (5 – 7 years), Brownies (7 – 10 years) and Rangers (14 – 18) from September and would love to welcome some new members!

To register your daughter please go to:

<https://www.girlguiding.org.uk/information-for-parents/register-your-daughter/>



**TOUCH theatre is collaborating with  
Gweek Players to present**

**The Welkin by Lucy Kirkwood  
2-4 September at Gweek Village Hall**

This outstanding piece of drama was running on the main stage of the National Theatre starring Maxine Peake until lockdown intervened.

Both funny, bawdy and at times bleak, the play, set in the 18<sup>th</sup> century but with a very modern tone, tells the story of Sally Poppy, who has been convicted of murder but who seeks to avoid hanging by declaring that she is pregnant. To assess her claim, the judge calls a jury of twelve women, and their deliberations are at the core of the drama. It is a serious play about women's rights and roles, but there is a bawdy, raunchy humour (usually directed at men!) which punctuates the more serious themes. *Not suitable for children.*



We are raising funds in support of Cornwall Refuge Trust, so all profits from the sales of programmes will go towards this worthy cause. You will also be able to make donations on the night.

Audience members can enjoy a free tub of Roskilly's ice cream in the interval. Vegan option available.

**Tickets are now on sale from  
[www.crbo.co.uk](http://www.crbo.co.uk). Ticket price: £10 or  
£11 including electronic programme.**



## Wildflower Planting Takes Off

Antonia Mullaly

A nondescript grassy verge by the recreation ground in Constantine is set to be transformed into a miniature meadow by a group of residents who have been given permission by Cornwall Council to plant wildflower seeds.

The 'Constantine - Making Space for Nature' group secured the backing of both the county and parish councils to take on the management of this small patch of ground by the Cornish hedge, and now has plans to sow wildflowers there during a workday in September. Following advice from Cornwall Council the plan is to retain beneficial native species and then rake or scarify some other patches to encourage the seeds to take.

The flowers will start to bloom next spring and summer and will brighten the village as well as providing food for many different types of insects. You can follow their progress and find out more via the group's Facebook page - Constantine - Making Space for Nature.



## High Wire Adventures, Childcare & Halloween at Via Ferrata Cornwall!

As BF Adventure's social enterprise, we share the same beautiful 60 acre, Covid-safe site near Penryn! This makes us the perfect place to escape the crowds, get back to nature and enjoy some adrenaline. All our profits still go to BF Adventure's charity work with local young people in need, meaning you can enjoy award winning activities whilst making a difference – win-win!

### **Via Ferrata: the ultimate high wire adventure!**

Come and enjoy our unique Via Ferrata! Journey through our historic granite quarries by scaling cliff faces, wobbling across our 70m long High Wire Bridge and soaring through the air on the most rewarding zip wire in Cornwall! You'll be clipped in at all times, so you'll get to push your limits and have fun in a completely safe environment, whilst making amazing memories!

### **Adventure Holiday Club**

Are you looking for childcare during October half term? Our adventure holiday club is perfect for children aged 6-13 who love the outdoors! Simply drop them off for a day or half day of fun activities

from climbing to archery! We also offer wraparound care options for working parents.

### **Halloween Event!**

Ghosts, pumpkins and spooky goings-on are taking place high up in the quarries this Halloween.

The ghosts of old quarrymen have risen from the murky depths of the quarries to join us on an epic night-time adventure: get ready to take on Via Ferrata in the dark! Expect spooky surprises and much hilarity as you face your fears...keep an eye out on our website/social media for details nearer the time!

### **The Cornish Barista - Quarryside Café**

The Café offers amazing goodies made from locally sourced ingredients. You can also enjoy our nature-based adventure trails nearby, with stunning views over the quarry and beyond to Falmouth Bay and the Lizard Peninsula. **Follow us** on Facebook and Instagram or subscribe to our newsletter!



## Tolmen Centre News

Dougal Jeffries

We have a fabulous and full line-up of shows scheduled for our autumn season, starting on Saturday September 4th with the hugely popular Cornish folk band The Odd Folk, and ending on December 11th with the ultimate in feel-good dance music with Kanda Bongo

Man and his band. In between we have poetry and comedy with John Hegley; theatre from 'Owdyado and Hannah Maxwell; dance from the Scottish Dance Theatre; a full season of five award-winning Tolmen Movies and a filmed version of the musical tale of The Rat Affair; a live-streamed evening with writer Patrick Gale; and more music - from Johnny Cash's grandson Thomas Gabriel, folk-rock band Alex Rex, Celtic powerhouse Talisk, Irish singer Daoiri Farrell, the ever-popular Budapest Cafe Orchestra, and classical pianist William Howard.



Tickets for all shows (except Tolmen Movies where all tickets are on the door) are bookable via our website, or can be bought on the door if still available. We no longer routinely take reservations by phone: online bookings make our job very much easier, but if you are unable to make an online booking please get in touch by email or phone and we will do our best to help. Our excellent cafe will be open before most shows and must be booked in advance by phoning Barbara directly on 01326 340630.

At the time of writing the Covid situation remains in a state of flux, but we are hopeful that we will be able to run more or less as we did pre-pandemic. We will of course follow whatever guidance is current, and will do our best to balance safety concerns with a congenial experience.

The Tolmen Centre is entirely run by volunteers, and we are always on the lookout for new helpers. There are many different roles, including administrative tasks, front-of-house duties, gardening, helping in the kitchen and running the bar. We offer all new volunteers a short induction to familiarise them with health and safety and fire regulations and how the Tolmen Centre operates. If you are interested, please contact Dougal (01326 341356) or Tracey (01326 340279), or speak to one of our team at an event.

Finally, as we slowly return to normality, we very much hope that all our loyal supporters will feel confident enough to come back to the Tolmen Centre, where you will be made most welcome. And for those who have yet to experience its special atmosphere and to benefit from the wealth of entertainment on offer, please give it a try - you won't regret it! Our cafe offers excellent value two course meals from a varied menu, and our bar is newly stocked with St Austell Brewery and other locally sourced drinks. We look forward to seeing you.



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Tuesday 5th October

Tuesday 2nd November

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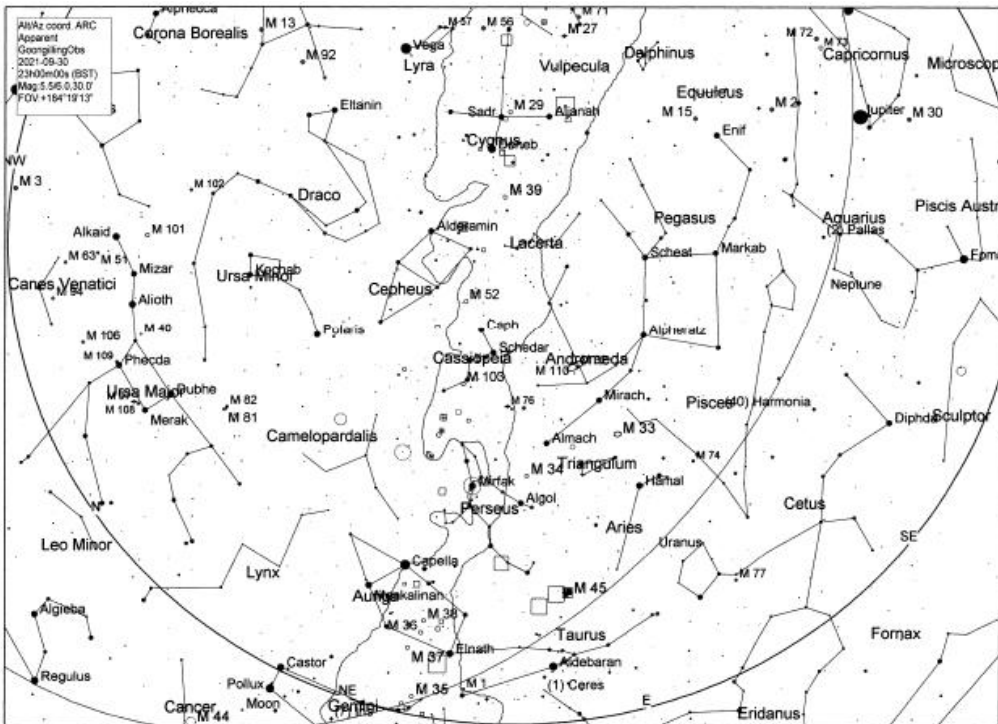
# Night Sky

Arcturus, an orange star at the foot of Bootes dips below the western horizon at dusk as it follows the Great bear Ursa Major around the polar point. It is a sign that the season is changing as we lose sight of the brightest star in the northern half of the sky.

Looking high above, Cephus the King and Lacerta the Lizard touch the Milky way to the north and south of the zenith respectively. Lacerta's zig zag of stars may be a small asterism but it contains several telescopic star clusters and is well worth a look with binoculars. The celestial Lizard is one of several minor constellations created by the 17C Astronomer Hevelius of Danzig.

This is the time of year for big shapes in the southern night sky. Over to the west the Summer Triangle (or perhaps now the Autumn Triangle), defined by Vega, Deneb, and Altair is populated with countless stars and is worth exploring with binoculars. The Square of Pegasus, with Pisces below it is almost due south. Orion is starting to rise in the east with the shield following Aldebaran and the Hyades cluster in Taurus. This is the reminder that the winter skies approaching. The belt stars of Orion Mintaka, Alnilam and Alnitak point downwards to the south east towards the Dog Star Sirius which will rise at about midnight towards the end of October in Canis Major, the Great Dog.

There are some meteor showers to look out for in October. The Orionids are a





**Robert Beeman**

major shower active for about a week either side of the 21<sup>st</sup> of October. These are associated with Comet 1P/Halley as are also the  $\alpha$  Aquariid shower in May. The second pass in October is generally more favourable for northern observers but this year the full Moon is on the 20<sup>th</sup> of October so considerable interference from moonlight will be experienced.

A better chance of seeing some meteors is with the Southern Taurids in early October. The peak is the 10<sup>th</sup> of October when a waxing crescent Moon will be far more cooperative than for the Orionids.

Around the 20<sup>th</sup> of October the Northern Taurids begin to show some activity, these peak in early November; both Taurid showers produce slow, but bright meteors and share the same parent comet, Comet 2P/Enke.

During this period both Saturn and Jupiter will be in the south to south south west at around midnight. Both are in retrograde motion, that is appearing to move backwards in their orbits because of the relative positions of the planets and Earth and how they move with respect to one another. They will revert to direct motion on October 10<sup>th</sup> and 30<sup>th</sup> respectively. Venus will be low in the south west just after dusk. Mars will be too close to the Sun in September to be seen and is at superior conjunction in early October when it passes behind the Sun from our view point.

Wishing you clear skies.

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## Tolmen Centre entertainment is back! September/October programme

Saturday September 4th 7:30 pm

### The Odd Folk



*"The best folk band you've never heard of..."*

say the Guardian; a collection of multi-instrumentalists who swap styles as often as they swap instruments. A "passionately ramshackle" quintet playing their own brand of "triumphant folk" while journeying around Europe in a vintage Renault 4. Equally at home on the main stage or the corner of an old barn, the boys treat each gig with the same gusto, bringing you their high octane, theatrical stories and songs in a journey through just about every genre of music. Tickets £12 / £6.

Thursday September 9th 7:30 pm

### Patrick Gale



Constantine Book Club Plus present Patrick Gale. A live streaming of Cathy Rentzenbrink in discussion with the award winning author Patrick Gale. A fund-raising event in aid of Emmaus, the charity working to support

homeless people in Cornwall.

Tickets £5. *All proceeds will be donated to Emmaus Cornwall.*

Saturday September 18th 7:00 pm

### John Hegley

#### *"The Further Adventures of Monsieur Robinet"*



We are thrilled to welcome back John Hegley to brighten our lives. His previous visit in 2019 was hugely well received by old and young alike and his new show will bring us new delights from this poet, musician, comedian and wordsmith.

Whether it's in songs, or clever and unexpectedly structured poems, he hits the spot with all ages and brings in the laughs. A happy show for all the family and highly recommended. Please note early start time. Café Tolmen suppers available pre-show from 5.30. Phone Barbara on 01326 340630 to book. Tickets £12 / £6.



Wednesday September 22nd 7:30 pm

### The Rat Affair

#### **RAT – The Pied Piper of Hamlyn**



Filmed at the Tolmen Centre, exquisite puppetry, projection and sensationally boisterous Eastern European folk music tell the tale of a curious man who rids a corrupt town of its vermin. Tickets £5.

Thursday September 30th 7:30 pm

### Twisted Tales 2

#### **'Owdyado Theatre**



Back by popular demand is Twisted Tales Vol. 2; a new show by 'Owdyado Theatre Company touring in 2021. Following on from the huge success of Twisted Tales, which toured across the country in 2018 and 2019, this show is a new trilogy of darkly comic 'tales'. Tickets £10 / £5.

Saturday October 2nd 7:30 pm

### Thomas Gabriel

Thomas Gabriel, eldest grandson of Johnny Cash, is looking to the future while also honouring the Cash family history. Undoubtedly influenced by his iconic grandfather, Thomas seamlessly blends Country, Americana and Rock to create his personal sound and thus, is carving his very own path. An evening of stories and songs. Tickets £12.



rupted is a tour de force by acclaimed performer Solène Weinachter, who Tolmen audiences will remember from her wonderful performance in Lost Dog's Juliet and Romeo. With thanks to RTDI and Carn to Cove. Tickets £12.

Wednesday October 20th 7:30 pm

### Minari

"Lee Isaac Chung's Oscar-nominated tale of a Korean family putting down roots in 1980s Arkansas beautifully balances the feelgood and the gritty".... Mark Kermode. Tickets £5.



Friday October 22nd 7:30 pm

### Alex Rex



Wednesday

October 6th 7:30 pm

### Nomadland

Frances McDormand delivers a career-best turn in this gently meditative drama about the failure of the American dream. Tickets £5.



Friday October 8th 7:30 pm

### Antigone, Interrupted Scottish Dance Theatre



This new work by choreographer Joan Clevillé packs all the drama and passion of a Greek tragedy into a one-woman show. Mixing dance with storytelling and sprinkled with a dash of humour, Antigone, Inter-



Alex Rex are a 4-piece ghost rock band from Glasgow. Masterminded by Alex Neilson (Trembling Bells/ Bonnie "Prince" Billy/ Shirley Collins), the band are made up by Rory Hays (BMX Bandits), Georgia Seddon (Incredible String Band) and Victor Herrero (Josephine Foster). They will perform songs of love, loss and loathing from their new album Paradise (out now on Neolithic Recordings). 'It free-wheels wantonly and earnestly from noise chug to trad country to towering goth ballad' Record Collector. Support from Cornish duo We Are Muffy (Nick Duffy and Angeline Morrison.) Tickets £12.

# The Constant Times

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## Submission Deadlines:

Deadline for news items, event dates and other submissions for the **November, December & January 2022** issue is **15 October 2021**. Please send to : [constant.times@gmail.com](mailto:constant.times@gmail.com) or deliver to the Layout Editor at Comfort View, Well Lane.



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