### The Constant Times

Volume 3, Issue 3

June-August 2014

#### Weekend of Brass and Voice Dougie Down

The village of Constantine is again preparing for a busy weekend of musical entertainment when the Constantine Silver Band holds their annual Brass on Grass weekend. This is a most popular weekend event in the Band's busy calendar year, and begins on Saturday evening, July 19th, at 7.30pm. For this year's concert we have a strong youth content, with the ever popular Constantine School Choir, Samba Band, Rock Band and Ukulele Band, plus Constantine Silver Band and Youth, all providing a varied evening of singing and music.

This evening sets the mood for the most entertaining event in the Band's year as they stage the much-awaited original Brass On Grass evening, to be held on 20th July with the bands parading through the village at 6.30pm for the concert that starts at 7.00pm in the marquee. This will be the 33rd Brass On Grass and is the highlight for many supporters who have attended all the evenings since it began in 1981. This hugely popular event has given much pleasure and enjoyment to a large section of the Community who have enjoyed the wide variations of numerous bands over the past years.

We anticipate a very special evening of musical entertainment as we have some of the best bands not only in Cornwall but in the South West. Returning again by popular demand are Camborne Town, Helston Town, St. Keverne and Pendennis Brass, who will each play their own programme, joining together along with Constantine players for the finale, with a spectacular Massed Band rendition. The evening provides music of a variety which has something for everyone.

Both events will be held in the recreation ground marquee. Free parking and disabled person's access. £3 Saturday; £7 Sunday. Accompanied children, £1.

#### Inside this issue

Community Land Trust!, Page 3



Calendar, Pages 10-11



Museum News, Page 8

Night Sky, Pages 18-19

Page 2 Volume 3, Issue 3

#### Constantine School News Liz Brand



Constantine School has been growing in recent years, with the intake increasing to our current number on roll of 147. This is great for the

school and the village, but has put pressure on our teaching areas. At the same time we are increasingly aware of how important it is that our children understand the importance of environmental issues.

We now have an exciting change planned for our school to share with the community, all to do with having some extra space! We have applied for planning permission for a new eco-classroom to be built adjacent to our play equipment on the school field. The proposal is for a small single storey timber lodge, using red cedar external cladding for the walls, rubber ecoslate for the roof and aluminium framed windows and doors, with a charcoal grey finish. The aim is to have a building that is a good example of sustainable construction with solar panels and a high degree of insulation.

The children are currently taught in six mixed age classes across seven year groups (Reception plus Years 1-6). The additional classroom would: enable the opportunity to have one class per year group; allow a reduction in class sizes from as high as 27 in some current classes to about 20 by creating one additional class; and, result in the creation of one new teaching post, so an additional job will be created. We do not anticipate an increase in overall pupil numbers but will have more flexibility of approach within teaching with very favourable class sizes and an additional teaching space for music tuition and extra curricular activities.

The pre-application response from the Cornwall Council Planning Department has been very positive and I hope everyone in the parish and especially our near neighbours will give us their support. You are all very welcome to come into school and look at the plans we have on display – the site is tiny in comparison to the overall area of our grounds and the building itself would be very attractive. It is an ambitious aim to accomplish this in time for the new academic year starting in September and I hope it will be a lovely welcome for the new Head Teacher, Mrs Helen Bancroft!

My best wishes to all readers and many thanks for your good wishes on my approaching retirement.

#### Community Land Trust is Formed! James Croftson



Following an initial article in the April/May issue of the Constant Times, there has been a great deal of enthusiasm and support for a Community Land Trust (CLT) being set up in Constantine. An "open-invitation" public meeting was held in Port Navas Village Hall on 12th May, which was very well attended: the hall was full!

During the meeting, examples of existing CLTs were shown (there are well over 100 established in England alone), to highlight the sorts of projects that have already been successfully completed. The 2008 Parish Plan was discussed, in which the combined needs for more affordable housing and varied employment opportunities were recognised and documented: indeed, one of the actions identified back in 2008 was to explore the potential of forming a "local housing cooperative".

People from a wide spectrum of the community were present (school age to retirement); there were lots of very positive comments, questions and contributions from all. The most popular proposal was for community-owned affordable housing, to stem the tide of people being forced to leave the community on grounds of unaffordable house prices, and to ensure these homes remained in community control permanently, for future generations as well. Strong interest was also shown for workshop space, office space, residential care and senior housing, community gardens and other general community facilities. All of these ideas are well within the realms of what many CLTs have already achieved, so there is much to be optimistic about.

By the end of the meeting 7 people had volunteered to form an initial "Steering Group" to invest time in the project. This initial group has now started to work through the suggestions, and is beginning to formalise and define the scope of the project, and to identify a set of priorities for more detailed investigation.

A website will be up and running very soon (www.ConstantineCLT.co.uk) where more information will be available than can realistically be included in this brief update here. Additional plans for full and on-going community engagement, (particularly relevant for those without internet access!), are being developed; these plans are currently expected to include a new Parish-wide survey, and another – much larger – public event at the Tolmen Centre in late summer, amongst other things. More details will be available in the August / September issue of the Constant Times – so please watch this space! Yhe formation of an initial "Steering Group" definitely does not preclude other people contributing, so in the meantime, if you have any questions / comments etc, please do get in touch, we'd be delighted to hear from you: constantineclt@gmail.com / 07581365778.

Page 4 Volume 3, Issue 3

#### Summary of Constantine Parish Council Meetings Liz D'Alton

GENERAL: CCIIr Hatton reported that the fingerpost at High Cross has been restored; arms for that at Calamansack are being cast. Mrs Thomson was coopted onto the Parish Council. Constantine Enterprises Committee requested permission

#### APRIL COUNCIL MEETING

to erect Information Boards at the top of Well Lane. As the notice board in the square is also in need of repair, it was suggested that they should combine as the same project. C.E.C. and a local carpenter will be contacted to carry out the work. RECREATION GROUND: A request from the Constantine Silver Band for use of the Ground for the Brass and Voice weekend on July 19 and 20 was agreed. PLANNING MATTERS: There were 27 visitors as well as CCllr N. Hatton at the Public Question Time (6.45 -7.00pm) of this meeting. This time was almost exclusively devoted to discussion re. Planning Application PA14/01398. It was recommended that Ms L Fresle's application for a Change of Use for land to a Traveller's pitch, should be returned to the Planning Authority asking for a refusal of this request. Details of this and other Planning Applications can be seen on the village notice board (opp Spar Shop) or by applying to The Parish Clerk or Chairman. The Application to erect 5 shared equity houses and 3 open market houses at Trebarvah Farm with associated highway and drainage works was withdrawn.

POLICE REPORT: Through the clerk, PCSO Huddleston reported three crimes since the last meeting: an assault,; theft of a Yamaha outboard and theft of a child's

#### ANNUAL MEETING

scooter.

Cllr Paul Carter was re-elected as Chairman at the Annual Meeting, and the minutes of the last Annual Meeting were agreed and signed. In his Annual report, the Chairman said the biggest project in the village has been the new playground for the Recreation Ground, and he wished to thank everyone who has been connected with it in fundraising and bringing the entire scheme to fruition. Another memorable event was the unveiling of the Jubilee Memorial Stone. He mentioned donations made to the Air Ambulance, the Constant Times, the Constantine Pre-School, the Cottage Garden Society among others. Christmas too had been memorable, with the switching on of lights on the tree in the Square; the village band as well as the community and school choirs made an excellent contribution to the evening. He thanked CCllr Neil Hatton for his unfailing support and hard work on behalf of Constantine Parish Council and Mr Colin Chapman, Clerk to the Council, for his work for the Council and for keeping us on the straight and narrow. He also thanked all members of the Parish Council for their support.

#### MAY COUNCIL MEETING

GENERAL: Cllr Eric Nicholls was elected as Vice Chairman. All other Councillors remain on the Council, with the exception of Mrs Thomson, who has resigned, therefore three vacancies remain.

CCIIr Hatton passed on news that an assurance that the local bus, route No.35, would continue to attract subsidy. He also said there are calls for a relief road to be constructed at Perranaworthal (near the Norway Inn); regular flooding and subsequent closure of the A39 has strategic implications for a large part of west Cornwall. RECREATION GROUND: Work has already commenced on the installation of the play equipment and it is hoped that the playground will be officially opened during Carnival week, in late June.

FINANCIAL REGULATIONS: The Clerk reported that the Internal Auditor for Constantine Parish, Mr Peter Richards, has signed off the Annual Return for the year ending 31 March 2014. The Auditor made no comments, observations or suggestions.

POLICE REPORT: Three crimes have been recorded since the meeting in April. Over the year, there had been 50 crimes recorded in the Parish, which is a slight increase from the previous year.

#### Tolmen Centre Garden Plans Liz Moore

The weather finally allowed the work at the back of the Tolmen to being in April. Users of the building and its neighbours will have been aware of the activity in the little meadow behind the building. It was decided last year when the toilet block was in progress that we would landscape the area by leveling off an area suitable for a marquee, with a low-maintenance planting scheme to soften its surrounds. An enlarged platform area across the back of the building will have a ramp and set of steps down into the garden. We hope this will enhance the facilities of the Centre.

We are seeking donations of plants for this new garden. Hydrangeas, camellias or small trees and shrubs would be welcome, as well as instant colour in the form of bedding plants. Grass seed has been scattered, so it should look a little greener soon. We will be arranging a garden working party in the near future, as hedges still need some attention and hopefully we will have lots of things to plant. Please contact Liz Moore, 340703, or drop plant donations into 50 Fore Street.



Page 6 Volume 3, Issue 3

#### Constantine Garden Society Annual Show

Saturday 19th July 2014 — opens 2 pm

A family afternoon with the local brass band and cream teas in the marquee. If you would like to enter an exhibit in the show, simply pick up a show schedule from one of the shops in the village and complete the entry form.

If you grow anything, make anything, bake anything, why not join the village tradition by entering it in the show? You may be surprised how well you do. In recent years we have had winners from 1 year to 104 years, so you are never too young or old!

Photography has become very popular and it's easy to have a go. No names are on the exhibits so unless you win, no one knows it's your photo. Also, the number of men exhibiting in the home produce section has increased year on year with some excellent results, so come on lads, let's see what you can do.

Could all current cup holders please polish up their cups and return them to Mr. B. Lawrence at Porthkres, Trebarvah Lane, Constantine, in the fortnight before the show. Volunteers would also be appreciated for the setting up of tables on the afternoon of Thursday 17th July and the clearing away of the tables on Saturday after the show. With many thanks.

Contact: Howard Bolt 01326 340306 or Liz Pearce 01326 340012

#### **Constantine Arts Society Annual Exhibition**

Our Annual Exhibition will be held from Saturday 19th July until Saturday 9th August, opening daily from 10am until 7pm, in the Church Hall. We are looking forward to an interesting & varied show with several new members showing with us for the first time. All the artwork is original (no prints or digital art) and offered at affordable prices.



#### Constantine Flower and Music Festival Liz Pearce

You are all probably aware by now that the Church Social and Fund Raising Committee are organising a Flower Festival in the church on July 24th – 27th. The Festival also coincides with the Village Art Show, which should be good for both events.

We obviously need money for the upkeep of our magnificent church and for the roof of the Church Hall, which suffered during the recent winter winds and now needs urgently to be re-roofed at a cost of approximately £25,000. We would like to share any profit made from the event with Cornwall Hospice Care, a charity close to the hearts of many of us in the village. They will also help with promotion and advertisement. At this stage I would like to ask if anyone would like to get involved in this project. We especially will need help with the following: Flower arrangers; Cakes and refreshments; Donations/sponsorship towards the event; Talented singers or musicians, willing to give their time free of charge. If you feel you can help in any way, please contact me on: 01326 340012 or email: lizpearce1@hotmail.,co.uk or Liz Moore 01326 340703. We look forward to hearing from you.

#### Margaret Stevens Receives Honour James Agnew

While David Stevens was Vicar of Constantine, his wife Margaret was busily recruiting volunteer hosts in the village, willing to give one or two weekend invitations a year for international students. Such was the response that there is a greater concentration of hosts in Constantine than anywhere else in Cornwall, and quite probably (leaving aside the big cities) in the country.

So it was fitting that a dozen Constantine people were among the 60 hosts, 8 international students, and members of the Stevens family to see Margaret presented with the British Empire Medal by the Lord Lieutenant of Cornwall at the end of April. Margaret received this award for her 'service to international students in the UK' over 25 years.

Margaret, who now lives in non-retirement near Penzance, says: 'If any readers would like to help maintain Constantine's reputation for hospitality, please get in touch!' 01736 719090 mstevens@btinternet.com



Page 8 Volume 3, Issue 3

#### Constantine Museum News Don Garman

#### Name change

Readers will notice that the heading above is a change from "Constantine Heritage Centre". The Management Committee decided that the change to "Constantine Museum" would better reflect the nature of the facility and indeed many local people call it the "Constantine Museum" already! The Constantine Enterprises Company agreed the change in March but we still have to change the signs. This will happen shortly.

#### Forthcoming Exhibitions

"Constantine Circa 1914" – a photographic display of Constantine during the lead up to World War 1. From 2nd June to 13th June this will be accompanied by a Duke of Cornwall Light Infantry display of objects. After this and until August 31st World War I objects that form part of the Museum collection will be on display. There will be further events to commemorate World War 1 and the contribution made by the people of Constantine up to 2018.

"Port Navas – a century" From September 1st to close in December we will celebrate the centenary of the Port Navas Regatta. The display will first be seen at Port Navas Hall on 16th July and then at the Regatta on 26th July. If anyone has Regatta memorabilia or photographs of Port Navas from 1914-present then please contact Don Garman 01326 250604, email dj.garman@btinternet.com or pop into the Museum from 12.00 – 15.30 on a Monday.

#### **Volunteers**

The small, but enthusiastic, volunteer team is keen for others to join them. If you think you might be interested in being a steward, helping to catalogue objects, archives or photographs or conserving items of the collection and you have a few hours available per month then please contact Jacqui Hessing (jacqui.hessing@googlemail.com) or drop into the Museum. You do not need to be skilled as we can offer training, we just need a bit of your time, enthusiasm and interest to help run this valuable community asset.

# Museum opening times (entry is free) Monday 12.30 – 15.30 (including Bank Holidays) Tuesday 10.00 – 14.00 Wednesday 10.00-14.00 Thursday 10.00 – 15.30.

Page 9 Volume 3, Issue 3

#### **Helford Marine Conservation Group Events**

The Helford Voluntary Marine Conservation Area was designated in 1987 to help protect the rich and varied marine life of this beautiful estuary. The aims are to encourage people to become more involved with the marine environment and to work together to conserve it. A programme of events has been produced to help people to learn, understand, and enjoy this special place. Advanced booking is essential for all events. Please contact Sue Scott on 01326 340961 or 07772323502.

Sunday June 15th: Mary Combe will be leading a Cornish Hedge Walk at St. Martin's, Helston from 2pm to 4pm. This will be an interesting and informative walk and talk on the different varieties of Cornish hedges, their history and usefulness, especially as a habitat for wildlife

Sunday July 13th: Matt Slater from the Cornwall Wildlife Trust will lead a muddy shore exploration from 12noon until 2pm, starting outside the Ferryboat Inn at Helford Passage. Matt will be searching for fascinating mud-dwelling sea creatures on an exceptionally low tide. He is expecting to find shore crabs, rag worms, peacock worms, cockles and other mud dwelling shellfish. Wellies are essential and getting muddy is highly likely. Matt is hoping that Lynda and Simon Filmer of Filmers Fish will be there with some huge specimens of edible crabs and lobsters and demonstrate how they are caught in crab pots.

Sunday July 27th: Experience the Helford wildlife scene on a conservation cruise upriver with local experts, displays and children's activities. Due to the weather, last year's cruise had to be cancelled, which means this year's cruise is eagerly awaited. This annual boat trip offers an excellent opportunity for people of all ages and interests to learn about the unique life in this very special marine environment. Highlights of previous cruises have been the egrets and herons, and if you didn't know the difference between a cormorant and shag now is the chance to find out. Rock pool tanks on board the motor cruiser provide an excellent opportunity to examine the local marine life in detail. The boat leaves from



the Ferryboat Inn Jetty at Helford Passage on the North Shore at 4pm and travels out to the mouth of estuary, turns and travels as far as Gweek before returning to Helford by 6.30pm. Tickets are adults £10 and children £5.

Further details of the work of the Helford Marine Conservation Group can be found at www.helfordmarineconservation.co.uk.

# The Constant Times CONSTANTINE CALENDAR

#### June 2014

**Mon 2 –** Constantine Community Choir, 6.45pm. Tolmen Centre.

Wed 4 – Pop-up Baby and Toddler Cafe. 10.30am. Potager Gardens. £3.

Wed 4 - Todlins. 9.30am. Tolmen.

Fri 6 – Fitness Fusion. 11.30am. Tolmen Centre (same location every Fri).

Fri 6 – Tea Dance for 70th Anniversary of D-day. 3-7pm. The Waymarker. £4, £2.50 for up to 10yrs and 70+

**Sat 7 –** Moscow Drug Club. 7.30pm. Tolmen Centre. £8/£6/£5. 341353. Café Tolmen open. Booking essential.

**Mon 9 –** W.I. Meeting. 7.15pm. W.I. Hall.

**Mon 9 – Sun 15 –** Cornwall on Canvas Exhibition. 11am-5pm. Port Navas Village Hall.

Wed 11 - Todlins, 9.30am, Tolmen,

Wed 11 – Tolmen Movies. The Selfish Giant. 7.30pm. £3. 341353. Café Tolmen open. Booking essential.

**Thurs 12 –** Transition Constantine Meeting. 7pm. Queens Arms.

Fri 13 - Fitness Fusion. 11.30am.

**Sat 14 –** Farmers Market. 9.30am-12noon. Constantine Village Hall.

**Sun 15 –** Helford Marine Conservation Group. Cornish Hedge Walk (see p. 9). **Mon 16 –** Constantine Community Choir. 6.45pm. Tolmen Centre.

Wed 18 - Todlins. 9.30am. Tolmen.

Wed 18 – Transition Constantine Films 'UK Gold'. 7.30pm. Tolmen Centre. £3

**Thurs 19 -** Parish Council Meeting, 6.45pm. Parish Vestry.

Fri 20 - Fitness Fusion, 11,30am.

**Fri 20 –** Constantine History Group. Poltesco Cove. Rachel Holder. 5.30pm. Constantine Car Park.

Mon 23 - One and All Club. Bude Trip. Coach pick up at Gweek 8.45am, Constantine Spar 9am, Bottom of Constantine 9.10am. First come first served. Sally 340050

Wed 25 - Todlins. 9.30am. Tolmen.

**Wed 25** – Tolmen Movies. Inside Llewyn Davies. 7.30pm. £3. 341353. Café Tolmen open. Booking essential.

Fri 27 - Fitness Fusion. 11.30am.

**Fri 27 –** Greek Themed Evening menu. 6-7.30pm arrivals. The Waymarker.

Sat 28 - Sun 29 - Constantine Carnival??

**Mon 30** – Constantine Community Choir. 6.45pm. Tolmen Centre.

### July 2014

Wed 2 – Pop-up Baby and Toddler Cafe. 10.30am. Potager Gardens. £3.

Wed 2 - Todlins. 9.30am. Tolmen.

Fri 4 – Fitness Fusion, 11.30am.

Fri 4 – Calamansac Garden Visit. Meet at 1.45pm. Port Navas Village Hall.

**Sat 5** – One and All Club Summer Fayre. Social Club. 10am-noon

**Sat 5** – Juncture Theatre presents 'A Little Nonsense'. 7.30pm. Tolmen Centre. £10/£9/£5. 341353. Café Tolmen open. Booking essential.

Wed 9 - Todlins. 9.30am. Tolmen.

**Thurs 10 -** Transition Constantine Meeting. 7.00pm. Queens Arms.

**Thurs 10** – Tolmen Movies. The Great Beauty. 7.30pm. £3. 341353. Café Tolmen open. Booking essential.

Fri 11 - Fitness Fusion. 11.30am.

**Sat 12** – Farmers Market. 9.30am-12noon. Constantine Village Hall.

**Sun 13 –** Helford Marine Conservation. Muddy Shore Exploration (see p. 9).

**Mon 14 –** W.I. Meeting. 7.15pm. W.I. Hall.

**Mon 14 –** One and All Club. Mevagissey Trip. Coach pick up at Gweek 8.45am, Constantine Spar 9am, Bottom of Constantine 9.10am. Sally 340050

**Mon 14 –** Constantine Community Choir. 6.45pm. Tolmen Centre.

Wed 16 - Todlins. 9.30am. Tolmen.

**Wed 16** – Live Soft Swing Jazz & Cream Tea Afternoon. 3-5pm. The Waymarker.

Wed 16 – Regatta Coffee Morning. 10am-Noon. Port Navas Village Hall.

**Thurs 17** – Parish Council Meeting.

6.45pm,.Parish Vestry

Fri 18 – Fitness Fusion, 11.30am.

**Fri 18** – Constantine History Group. Zennor Wayside Museum. Sara and Bob Priddle. 5.45pm. Constantine Car Park.

**Fri 18 –** Retirement Cream Tea for Liz Brand. **4-6pm**. Constantine School.

**Sat 19** – Constantine Garden Show. Opens 2pm. (see p. 6).

Sat 19 - Sat 9 Aug – Constantine Arts Society Annual Exhibition (see p. 6).

Sat 19 – Sun 20 – Weekend of Brass and Voice (see p. 1).

Thurs 24 – Sun 27 – Constantine Flower and Music Festival (see p. 7).

Wed 23 - Todlins. 9.30am. Tolmen.

Fri 25 – Fitness Fusion. 11.30am. Tolmen Centre

**Fri 25** - Scandanavian Themed Evening Menu. 6-7.30pm arrivals. The Waymarker.

Sat 26 – Port Navas Regatta. 3pm.

Sat 26- Aug Sun 3 – Favourite Places Exhibition: Helford River and Lizard Coast. Port Navas Village Hall.

**Sun 27 –** Helford Marine Conservation Cruise. **4-6**.30pm (see p. 9)

**Sun 27** – Constantine Silver Band Carolaire. Port Navas Quay. 7pm.

Wed 30 - Todlins. 9.30am. Tolmen

Please send calendar items to Lottie at constant.times@gmail.com. Remember to include: date/event title/time/place/ price(if any)/contact details. Thank you! Page 12 Volume 3, Issue 3

#### CLUBS, GROUPS AND GOINGS ON

Calendar entries and reports on group happenings (400 words maximum) are welcome. We'll try to make space to print everything that comes in, though we may occasionally need to hold items over if we run out of space.

#### Constantine W.I. Report Barbara Willoughby

After our speaker for May month had to pull out at very short notice we were extremely lucky that one of our members, Liz Moore, had a cousin visiting from America who had worked as a midwife in Boston. Brenda Black trained at the Middlesex Hospital in the UK in the mid 1960s and after graduating she re-located to America. She sailed on the Queen Elizabeth via New York, on to Boston where she took up her new appointment. Financially it was a successful move: after earning only £20 per month in the UK, she was receiving \$120 in America with many increases in the following years. To work as a midwife in America she did have to pay high insurance premiums, but Brenda felt it was worthwhile. She loved her work and would stay with patients in labour sometimes up to 36 hours. She worked for a while in private care but after two years moved to a small hospital with 100 beds where she became Director of Maternity, making many changes in the hospital working systems. She worked with many English and Irish nurses who had also relocated from the U.K.

After 25 years of nursing she retrained and gained a degree at University College of New Hampshire, continuing to work while studying. Then, after 30 years working in Boston, she relocated to warmer climes to a very large maternity hospital with 600 beds and retired from nursing after two years. Now in retirement she is travelling the world.

Our members were then asked to discuss the following National Federation of Women's Institutes Resolution: "NFWI note that every day three people die whilst waiting for an organ transplant. Every member is asked to make their own wishes known and to encourage family & friends to do likewise". This was discussed and passed unanimously and our vote will be passed on to the National Meeting later in the year. We also discussed our W.I. Birthday Outing in July and it was agreed we would go to Country Skittles. The topic for our meeting in June will be "The Secret Language of Clothes" and for July it is "Sweet Pea & Betty" (Upcycling Furniture & Upholstery) — both with intriguing titles and something to look forward to. Visitors and new members are always welcome. Please phone Angela Stokes 01326 341143 or Gill Just 01326 340434.

#### Constantine History Group May Meeting Don Garman

Twenty one members of the Constantine history Group spent a fascinating evening in Penzance exploring the town guided by Pauline Hope. 2014 is an appropriate year to visit Penzance as it is celebrating the signing of the town charter in 1614. In 1663 Penzance became a Stannary town where the purity of tin was tested and related taxes could be collected. Penzance's growth owed much to mining but also to the port and the market. The exploration began outside St John's Hall designed by John Mathews and built of granite from Lamorna. The building has seen various uses and is now scheduled for renovation. Alverton Road is a reminder of the medieval Manor of Alverton. Next stop was Causewayhead, once an important route to Madron where the parish church was located until changes in the nineteenth century. This street, though paved or caunsed (hence the street name) was the main drainage route for effluent which the slaughterhouses in Bread Street would have added to. This latter street once also housed the communal bake house.

In Market Jew Street the group admired the Market House built in 1838 and indicating the wealth of the town at that time. Humphrey Davey's monument generated much discussion about his significant contribution both to science and the arts. At the entrance to New Street is the building where he was an apprentice chemist. New Street includes a building which was once a synagogue and the Abbey Place housing development dating from 1965 which was influenced by Port Meirion. Several thought they were looking at late medieval properties! The Ross Bridge, funded by a local resident who later lost all his funds in a bank crash, improved access to the harbour and provided a swing bridge for access to the dry dock constructed in 1814. The lifeboat house built in 1885 was not in a good spot for launching and was closed in 1917. Constructed on the site of the coinage hall and slums is the peaceful St Anthony's Gardens, which overlooks the 1930 Jubilee Bathing Pool. severely damaged in the winter storms. Close by are two Art deco buildings one of which is "The Yacht Inn". The 19th century St Mary's Church was built on the site of a medieval chapel and the burial grounds include the cholera pit of 1832. We then walked into the 1804 development of Regency Square these splendid Georgian houses once belonging to sea captains and business people. Passing Morrab Gardens, purchased in 1880 by the Corporation we walked through the attractive converted stables and carriage buildings of South Parade Mews before finding ourselves in front of the Penzance School of Art funded by The Great Exhibition and built on land given by the Bramwell family of Penlee House. Morrab Road, a relatively new road, when constructed in the 19th century cut right through a terrace. We wondered what the tenants and owners response had been! Our return to St John's Hall still left other parts of Penzance to explore on another occasion.

Page 14 Volume 3, Issue 3

#### Tolmen Centre Drama Group to Restart Charlie Pugh

Thanks to some new funding we are delighted to be able to restart the Thursday evening Drama Group once again, run by Jon and Tod Welch at the Tolmen Centre. Age range is ten to a hundred and it's open to all, but we are trying to maintain a balance across the age range, so places may initially be limited. It takes place on Thursday evenings, 7:00 - 9:00. Subscription is £1 a session. If you're interested please email Tod at todwelch@aol.com.

#### **LETTERS**

Residents of and visitors to Constantine,

I am shocked at the amount of dog mess on the grass verges and walkways esp. around the Bowling Green area of this beautiful village. As usual, the irresponsible dog owners give all dog owners a bad reputation and this is no exception. I always thought that Constantine residents were proud to live in this village but I am obviously quite wrong! Please take some time to reflect on what you are turning this place into and start to 'pick up' after your dog and use the bins provided. After all.... you are paying taxes for the bins to be provided and emptied so why not use them and make Constantine a better place?

Rob Brown (non resident)

I would like to say a big thank you to everyone who sponsored me for my Sky Dive, which was in aid of 'Injured Royal Marines'. The total amount raised is £344 which has been given to James Fowler who will forward it to the charity. Thank you once again.

Zoe Lea





www.drinkfinder.co.uk

Page 15 Volume 3, Issue 3



#### **Constantine Dental Practice**

Providing kind, caring and professional private dental care to the local area

New patient examination - £25

30 minute hygienist visit - £39

Tooth whitening - £199

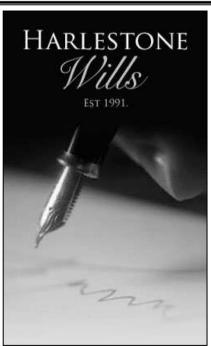
Disabled access with parking within a few feet of the entrance

www.constantinedentalpractice.co.uk 01326 340540



Page 16 Volume 3, Issue 3





#### Services We Offer

- Specialist Will Writing Services
- Property Trusts
- Advice on Lasting Power of Attorney
- Will Documents for Children with Special Needs
- Advice on Living Wills.
- Inheritance Tax planning and Probate Advice

All of these services are available on a home visit basis.

01326 210 414/07583 174943

info@harlestonewills.co.uk

Harlestone Wills & Quills Wills Harlestone PO BOX 309 Falmouth TR11 9BH

# C. RUDRUM AND SONS (CORNWALL) LTD.

DIPLOMA COAL MERCHANTS

Reliable and regular deliveries

Redruth (01209) 215561/213365 Camborne (01209) 713158 Stithians (01209) 860385 Falmouth (01326) 377345 Truro (01872) 274942 Helston (01326) 573661 Mevagissey (01726) 842365 St. Austell (01726) 850462

BARTON HOUSE, PARC ERISSEY NEW PORTREATH ROAD

### <u>~ сре туйшуккек </u>

TASTY SUNDAY ROASTS

MORNING COFFEE & AFTERNOON TEA SPECIAL EVENTS & FUNCTION HIRE

Open Daily 10:00–18:00 \*New\* Early Evening Opening:~ last reservation 19:30 on Fri & Sat (Closed Tues)

"A Rural Retreat for a Sweet or Savoury Treat"

| phone: 01326 341323 | Trewardreva, Constantine, TR11 5QD www.thewaymarker.co.uk





#### **BLUEBIRD CARE**

WOULD YOU LIKE HELP AT HOME?

PERSONAL AND DOMESTIC CARE .... and a flexible service to suit you

Care visits from pop-in to 24 hours allowing you to stay in your own home

www.bluebirdcare.co.uk

018 7227 6006

cornwallmid@bluebirdcare.co.uk

## Constantine

GARDEN NURSERY

4000 Varieties of Unusual and Cottage Garden Perennials, 70 varieties of Clematis.
Free Planting Plans
MAIL ORDER AVAILABLE

OPEN: Wednesday - Sunday, February - October

www.cornwallgardens.com
Email:

plants@cornwallgardens.com

Catalogue available online or send six 1st class stamps to:

Constantine Garden Nursery, Fir Tree Farm, Tresahor, Constantine, Falmouth, Cornwall, TR11 5PL Tel: 01326 340593



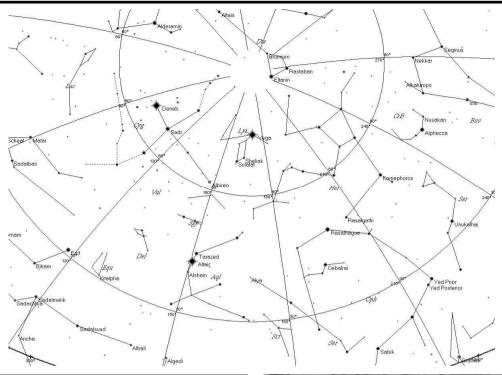
12, 16, 24, 29 and 53 seater Minibuses and Coaches

For Group Tours, Cruise Transfers and Wedding Transport

Falmouth Town Shuttle Bus and Carnon Vale Corlink

Ring Steve or Ben Moore on 01326 378100

For Corlink Enquiries Phone 01326 259794 Out of Hours 01326 340703 Page 18 Volume 3, Issue 3





### SALES - PARTS **SERVICING**

Pre M.O.T. Checks

**Body Repairs** 



Car Valeting

Free Estimates

**SAAB 9.5** 

New & Used Spares

Cars Purchased for CASH

**SAAB 900** 

#### MGD LTD. - MOTOR TRADING

15 Commercial Park, Wilson Way, Pool, Redruth, Cornwall TR15 3RT

Tel/Fax: 01209 314847 • Mobile: 07831 585443



What: FITNESS FUSION

Where: THE TOLMEN CENTRE

When: FRIDAYS 11.30AM- 12.30PM

FUN FITNESS FOR ALL AGES AND Info: ABILITIES - LOW -MID IMPACT

www.embracedancefitness.co.uk

For more information or to book please call 078171714114

### \* \* \* Night Sky June/July Robert Beeman

With the Sun close to reaching its highest position in the sky, giving long days and short nights, the summer constellations are much in evidence. The summer triangle is formed from the main stars of three constellations, Deneb in Cygnus, Vega in Lyra and Altair in Aquila. Close to Vega is the "double double" star and with binoculars you should be able to separate the pair, but a small telescope will show that each star itself is a double. Locate Deneb and then extend a line through Sadr to Albireo, the southernmost star of Cygnus, one of the most spectacular double stars in the night sky; even a small telescope will reveal the contrasting blue and gold of the two components, well worth a look even if you have seen it before. On the star chart locate Rasalhethi and Rasalhague and follow the line westwards and then downwards level with Cebalrai where there is a triangular arrangement of stars known as Poniatowski's Bull. This is a modern, although no longer recognised, constellation created in 1777 by Abbe Poczobut to honour the then King of Poland, Stanoslous Poniatowski.

Milky Way constellations are starting to dominate the night sky and at this time of year we are looking into the centre of our galaxy. Find a good southern horizon and look for the "teapot" shape of Sagittarius with its very dense star fields, above and towards the south east there are numerous galaxies and star clusters to be seen. This is a good area of sky to look at on the nights of 10th and 20th June when Ophiuchid meteor showers are due to take place. Both Saturn and Mars are visible towards the south west although by the end of July Mars will be quite low on the horizon.

# SPIRAL CONSTRUCTION LTD.,

Special Staircase Manufacturers Turning Ideas Into Reality

WATER MA TROUT HELSTON TR13 0LW TELEPHONE 01326 574497 FAX 01326 574760

E Mail enquiries@spiral.uk.com

#### JEWELLER & GOLDSMITH

35 Years experience

Alterations & Repairs
Watch batteries replaced
Valuations
Commissions undertaken
All work fully guaranteed
Gold & Silver bought

#### Linzi Ball

01326 341352 07981 883248

#### The Constant Times

#### **Contact Details**

Email: constant.times@gmail.com
Post: Tolmen Centre or
47 Fore Street
Phone: 01326 341129

#### **Editorial Team**

Oversight and Advertising:
Benjamin Symes
Submissions: Lottie Bowser
Layout and Copy-editing:
Caitlin DeSilvey
Copy-editing and Distribution:
Russell Johnston

The Constant Times is produced with support from the Constantine Enterprises Company and Transition Constantine.

Volunteers distribute free copies to households in Constantine Parish every two months. Please let us know if you do not receive a copy, or if you would like to help with distribution.

#### Submission Deadlines:

News items, calendar entries and other submissions are required by the second Saturday of each month prior to publication. Please send to constant.times@gmail.com or post to the addresses above.

DEADLINE FOR SEPTEMBER/OCTOBER 2014 ISSUE: 20 AUGUST

#### **BOSAHAN STORAGE**

(close to village)

BOATS, CARS, MOTORHOMES, CARAVANS

CONTAINERS TO RENT 20' X 8' X 8.6'

Secure, Clean & Dry

Contact John Olds: 07890384094

# Constantine Social Club

New members welcome

Join now for just £12 per year and enjoy our low beer prices

SKY Sports and free WiFi

Open every evening and daytime at the weekends

Jackie's Kitchen Friday and Saturday Evenings

Function Room available for private parties

