

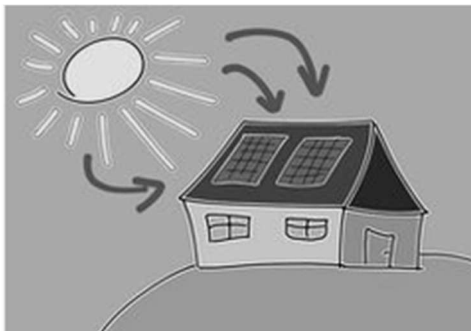
The Constant Times

Volume 4, Issue 4

September–October 2015

Constantine Pre-School Fundraising Boost Chris Hussey

Throughout this year Constantine Pre-school and Transition Constantine have been campaigning to raise funds for a solar PV system for the pre-school roof. The installation will generate an income for the next twenty years (as well as save on electricity bills). It will help the long-term sustainability of the pre-school, which is always struggling to raise funds to support its operations.



Over the summer, Marks and Spencer announced the creation of a £400k community energy fund, to be awarded to community projects across the UK. The good news is that the pre-school solar project has now been shortlisted in the bidding process for this fund. An award from the fund could make a very substantial contribution to our fund-raising target. For the bid to be successful we now need to show there is lots of local support for the project - and that means LOTS!

It's easy to register your support - just go to the M&S community energy fund website: <https://www.mandsenergyfund.com/project/28478/>. You must quickly sign up with an email address and password to place a vote for the project, then click the link in your confirmation email for your vote to count. If you already have an account with crowdfunder.co.uk you'll be asked to log in with your existing details.

Inside this issue

Walk for Lights, Page 3



Village Freecycling, Page 4



Calendar, Pages 8-9

Night Sky, Pages 14-15

Constantine Cottage Garden Society Howard Bolt

The Summer Show was held on July 18th and the weather was kind, which contributed to more people attending the Show. Could I thank everyone for helping set up, run, and then clear away after the show. Could I also thank everyone who entered the various classes. The children's entries from the Pre-School, The Primary School, The Rainbows and Brownies as well as individual entries were of a very high standard this year.

Our Autumn/Winter Programme starts again on Thursday 8th October @7.30pm in the W.I. Hall. "How to Win Gold at Chelsea Flower Show" is the title of a talk from Andrew Mills of Burncoose Nursery as well as a Bring & Buy stall for plants/books/magazines/pots/tools. For £1 you'll gain entry and have a cup of tea and biscuits. All our Autumn/Winter events are held on the 2nd Thursday of the month in the W.I. Hall. Come along, you will be most welcome.

Gweek Players Perform *The 39 Steps* Aline Turner

Gweek Players are performing the West End comedy hit *The 39 Steps* by Patrick Barlow. Hilarious and spectacular, it is based (very loosely!) on Hitchcock's film of John Buchan's book. Described as "Impossible not to enjoy" (Metro), you will be left breathless as the dashing and debonair Hannay is chased through the Flying Scotsman, escapes over the Forth Bridge, gets his girl and hunts down a dastardly group of spies who threaten the honourable and decent citizens of Great Britain!

Audiences are invited to attend in 1935 costume if they wish (a prize each night to the best outfit), and don't forget that the ticket (£9/£10) includes a delicious dessert in the interval.



Performance dates: Wednesday November 18 – Friday November 20 at 7.30
and Saturday November 21 at 2.30.

Venue: Gweek Village Hall

Tickets: gweekplayers.co.uk or 0845 094 8874.

Walk for Lights

7.00pm - 8.00pm
Thursday 17th September
&
Friday 25th September

7.00pm - Meet on the grass beside the Church car park to join us for a torch lit walk around our beautiful village woods.

Play Bauble Bingo as you walk along - will you be the one calling 'Full House' and receiving a mystery Christmas gift?

Bring your torch or lantern and dress in your best Christmas jumper or Onesey.

Walking boots or wellies recommended.
Dogs welcome.

8.00pm - Back on the grass for soup and a roll, hot chocolate, and a Christmas Carol or two!

£1 per person for the walk - Donations for food

Don't feel like walking? Just join us at 8.00pm.

Raising funds for Constantine Christmas Lights 2015

Constantine 'Freecycle' Starts Up Chris Hussey

The idea of 'freecycling' has been around for some years now - the simple idea that other people might be happy to make use of items that you no longer need. If only the connection could be made, the item could be given away and re-used and there would be less in the local tip! Everyone benefits. There is an internet-based 'Freegle' group centred on Fal-



mouth, but a local scheme could well benefit those living in and around Constantine. Bearing in mind that the 'Save The Children' shop is always glad of smaller, saleable items to raise funds, a local freecycle scheme would best cover larger items that the shop could not handle, such as furniture or appliances. Items offered will appear in future issues of Constant Times and also be listed on the village notice board. The list can also include requests for 'wanted' items, within reason. To start the ball rolling, here are a few items:



If you have an item to give away, please contact Chris Hussey (340007, or via the 'coffee and cakes' team at the Farmers' Market) or email constant.times@gmail.com directly (with 'freecycle' in the subject line).

OFFERED

- ♦ Galvanised coal scuttle (tall, cylindrical kind). Contact: Chris Hussey (340007).
- ♦ Chin-up bar with resistance bands (for mounting in door frame, never used). Contact: Russ Johnston (rdojohnston@gmail.com or 341318).
- ♦ Small set of wooden shelves (painted silver). Contact: Russ Johnston (rdojohnston@gmail.com or 341318).

WANTED

- ♦ Floor lamp. Contact: Caitlin DeSilvey (c.desilvey@gmail.com or 341318).

HVMCA Autumn Events Paula Evans

Sun 13 September – Snorkel Safari and Barbeque. 3pm – 6pm. Durgan Beach, Helford River. Helford Marine Conservation Group's annual barbeque – come along for some food and a social. And if you want, a snorkel safari with Cornwall Wildlife Trust marine experts on a guided tour of the eelgrass beds. Barbeque £5, and a small charge for insurance from snorkelers. The snorkel safari has limited places and you need your own kit. Booking essential. Please contact Sue Scott on 01326 340961 or 07772323502 for more details.

Sun 4 October – Autumn Walk at Frenchman's Creek. 10am - 1pm. Park at Kestle Barton, near Helford Village. Helford Marine Conservation Group event. Join National Trust Ranger Justin Whitehouse and explore the recently acquired woodland on the Creek, previously not accessible to the public. Booking essential. Contact Sue Scott on 01326 340961 or 07772323502.



For further information please contact: HVMCA chairman David Thomson 01326 340686 or Sue Scott: coordinator@helfordvmca.co.uk 07772323502.

WANTED: Constantine School Photos, 1956/1957/1958

Former pupil of Constantine School is looking for school photos from the years 1957-1958. Please email Elizabeth Ann Williams at Ann.ruthven1952@gmail.com.

New Yoga Class at Tolmen Centre

Tuesdays 6:30pm - 7:45pm £6 drop in

Suitable for beginners or those with experience, Jess's classes blend her trainings in Hatha and Anusara styles of yoga and she will work with you to combine posture, breath and relaxation practices, helping to increase your strength and flexibility and aiming to leave you feeling calm, grounded and strong!

www.yogagrace.co.uk
jess.yogagrace@gmail.com
07554 184846

Constantine History Group - King Edward Mine Don Garman

A misty damp evening welcomed twenty three members of the society to the King Edward Museum near Troon, however our cheery guide for the evening, Kingsley Rickard, who proved to be a fount of knowledge and regaled us with mining stories, soon made everyone forget about the inclement weather.

An introductory talk required the group to enter a room once used by students of the Camborne School of Mines to learn the techniques of surveying. The building and the furnishings, including the sloping stools, date from 1897.

The King Edward mine (KEM) began life in the late 18th century and was known as the South Condurrow Mine. Several of the earlier buildings are currently being renovated, made possible by the Heritage Lottery Fund. Originally mining copper, the mine soon began to produce tin. Employing 450, it closed in 1890. A movement to educate miners in geology and better techniques began in the 1850s and several small schools developed, which were combined to form the Camborne School of Mines (CSM) in 1888. The school leased South Condurrow from the Pendarves family in 1890 to train their students and maintained the lease until 2005 when Cornwall Council purchased the site. The concept of a museum was floated in 1987.

Originally CSM had funded the mine from the small amount of tin produced by the students, however in 1920 Wheal Grenville closed and King Edward was no longer drained so the school moved activity to Great Condurrow and today uses Holman's old test mine to the south west of Troon. Use of the mine by CSM has ensured that apart from the loss of the headstock and a derelict engine house the mine on the surface appears today very much as it did in the early 1900s. The processing plant at KEM was kept in use for many years and today provides the main attraction for visitors.

The Reception is housed in what was the calciner where the tin ore was roasted at 600 centigrade to remove arsenic. In this mine the low proportion of arsenic made it uneconomical to collect so it was released into the atmosphere!

The shaft collapsed in 1997 but the winding house, was rebuilt in recent years following a fire in 1957 and houses the Holman engine that was installed in 1905 and reclaimed from the Poldark mine.

Ore was initially processed by sorting the fine material using a sieve and then crushing the larger pieces before it went to the stamps to be reduced to sand. The struc-

ture and equipment was made in Kent and taken to an exhibition in Paris before purchase by KEM in 1904. Leaving the stamps the material is lifted by a dipper wheel and then sorted before going to shaking tables to separate the tin from the waste. The process seeks to increase the percentage of tin from 2% when mined to 60% when processed.

Because this was a teaching facility, the group were also able to see other forms of sorting and enhancement operating including a Cornish round head frame and a buddle. Finally we watched rag frames at work, simple structures used by the streamers who sought to remove more tin from the waste released by the mines. Chairman, Geoff Roberts, thanked Kingsley for a very informative and interesting visit. The Group will meet on 18th September at 19.15 in Constantine WI Hall to hear about the Lakes Pottery. The speaker will be Mike Edwards.



Constantine History Group members learn about the purpose of a shaking table at the King Edward Mine Photo: D Garman.

The Constant Times

CONSTANTINE CALENDAR

September 2015

Tues – Drop-in Yoga. 6.30-7.45. Tolmen Centre. £6/session. Jess 07554 184846.

Wed (every) – Todlins. 9.30am. Tolmen Centre.

Thurs (every, starts 17 Sep) – Port Navas Art Group. 1-4pm. Port Navas Village Hall. Contact Ron Prior on 340566.

Fri (every) – Fitness Fusion. 11.30am. Tolmen Centre.

Thurs 3 – Floral Art Demonstration with plant sale and raffle. 7pm. Church Hall. £5 includes a finger buffet and glass of wine/soft drink.

Sat 5 – Sankey Hymns evening followed by a Cornish buffet supper. 7.30pm. Church. No tickets, donations appreciated.

Wed 9 – Tolmen Movies. Far from the Madding Crowd. 7.30pm. £3. Café Tolmen open (booking essential). 341353.

Fri 11 – Mon 14 - Exhibition by Andrew Tozer. Port Navas Village Hall.

Sat 12 – Aperol String Quartet. 7.30pm. Tolmen Centre. £7(£5). Café Tolmen open (booking essential). 341353 or online.

Sun 13 – HVMCA Annual BBQ and Snorkel Safari. Details p. 5. Contact Sue Scott 340961/07772323502.

Mon 14 – W.I. Meeting. Talk from

Jenette Preston of “Pants” Charity in Falmouth. Competition “A bargain from a charity shop”. 7.15pm. W.I. Hall.

Thurs 10 - Transition Constantine Meeting. 7pm. The Queens Arms. Chris Hussey 340007.

Thurs 17 – “Walk for Lights”. 7pm (food @8pm). Details p. 3.

Thurs 17 – Destination Greenwich – Falmouth Tall Ships’ Regatta 2014. Don Garman and Mel Chambers. 7pm. Port Navas Village Hall. £7 includes a pasty. To book contact Pauline 250604.

Fri 18 – Constantine History Group. Lakes Pottery, Mike Edwards. W.I.Hall. 7.15pm. Geoff Roberts 340154.

Mon 21 – One and All cCub. Slides. 2.15. Social Club. Sally 340050.

Wed 23 – Tolmen Movies. The Imitation Game. 7.30pm. £3. Café Tolmen open (booking essential). 341353.

Fri 25 – The Busquitos. 7.30pm. Tolmen Centre. £11(£10). 341353 or online. Café Tolmen open. Booking essential. 341353.

Fri 25 – “Walk for Lights”. 7pm (food @8pm). Details p. 3.

Sun 27 – Village Harvest festival followed by lunch. 10.30am. Church. All welcome.

October 2015

Thurs 1 – Cscape Dance Company presents “Taste”. 7.30pm. Tolmen Centre. £8(£6). 341353 or online. Café Tolmen open. Booking essential. 341353.

Sat 3 – La Navet Bete presents “Dick Tracy”. 7.30pm. Tolmen Centre. £10 (£8/5, family £24). 341353 or online. Café Tolmen open. Booking essential. 341353.

Sat 3 – Gweek Players’ Quiz Night..7pm for 7.30 start. Gweek Village Hall. £5 (including a ploughman’s supper). Tickets at gweekplayers.co.uk or Sandy 373767.

Sun 4 – HVMCA Autumn Walk at Frenchman’s Creek. Details p. 5.

Wed 7 – Soup Kitchen. 12.30pm. Port Navas Village Hall. £3 for soup and crusty bread. Booking not required.

Wed 7 – Tolmen Movies. Suzanne. 7.30pm. £3. Café Tolmen open (booking essential). 341353.

Thurs 8 – Transition Constantine Meeting. 7pm. The Queens Arms. Chris Hussey 340007.

Thurs 8 – Constantine Cottage Garden Society. Talk by Andrew Mills of Burncoose Nursery. Details p. 2. 7.30pm. W.I. Hall. £1 (includes tea and biscuits).

Thurs 8 – Memories of Port Navas with Ronnie Rashleigh. 7pm. Port Navas Village Hall. £7 includes a pasty. Contact Sally 340233 to book a place.

Sun 11 – Sadio Cissokho. 7.30pm. Tolmen Centre. £8 (£6, family £22). Café Tolmen open (booking essential). 341353 or online.

Mon 14 – W.I. Meeting. Harvest Auction. Speaker Sheila Symons. 7.15pm. W.I. Hall.

Fri 16 – Constantine History Group. Geevor Mine, Chris Hosking. W.I.Hall. 7.15pm. Geoff Roberts 340154.

Fri 16 – CONSTANT TIMES SUBMISSIONS IN (Nov 2015-Jan 2016 issue).

Sat 17 – Save the Children. Bridge Drive and Tea. 2pm. Mawnan Smith Memorial Hall. Contact Aline Turner 251233.

Sat 17 – Blast from the Past. 7.30pm. Tolmen Centre. £8 (£6, family £22). Café Tomen open (booking essential). 341357 or online.

Mon 19 – One and all Club. 2.15. Cober Valley Accordion Band. Social cCub. Sally 340050.

Wed 21 – Tolmen Movies. Timbuktu. 7.30pm. £3. Café Tomen open (booking essential). 341353.

Mon 21 – Mon 26 – Digital Photography Course with Peter Langford. 7-9pm. Port Navas village Hall. £20 for 6 sessions, tea/coffee provided. Places limited. Contact Pete 341425.

Sat 24 – Save the Children. Falmouth Coffee Morning. 10.30-12.30. Palacio Lounge – on the Moor at Falmouth. Contact David Wheeler 315305.

Sat 24 – Gren Bartley Band. 7.30pm. Tolmen Centre. £11 (£10). Café Tomen open (booking essential). 341353.

Mon 26 – W.I. Soup and Pud lunch. 12-1.15pm. W.I. Hall.

Fri 30 – Constantine Book Group, plus Will Hodgkinson. Light refreshments and wine available. 6.30pm. Tolmen Centre. £5. 341353 or online.

Please send calendar items to constant.times@gmail.com. Remember to include: date/event title/time/place/price(if any)/contact details. Thank you!

CLUBS, GROUPS AND GOINGS ON

W.I. Report Barabara Willoughby

At the first "Cake Bake" held on behalf of the two Adult Hospices in Cornwall, the village groups worked together to provide many delicious cakes to boost the Hospices' funds. With their support the village raised £200 in a few hours in May which came together to make a total contribution from the County of £5,000. Thank you for all your support.

Constantine W.I. had a Summer break in August and we were invited to a member's home at Brill nr. Constantine for our usual Social Lunch. All members had brought a plate of food (savoury and sweet!!) with a fruit punch to wash it all down. The sun was shining and a very good time was had by all.

At September's meeting on Monday 14th we will have a talk from Jeanette Preston of "Pants" Charity in Falmouth, with the Competition being "A Bargain from a Charity Shop". On October 12th our meeting will be the usual Harvest Auction with our able speaker Sheila Symons selling all our contributions.

Our popular Soup & Pud lunches start in October and the first one will be on Monday 26th October from 12 noon until 1.15pm, with the usual homemade Winter Warming Soups followed by 'naughty but nice' homemade puds. We look forward to welcoming you all at the start of Winter, not forgetting preparations during the run-up to Christmas.



Constantine Church Appeal Rev. Stewart Turner

(reprinted from village flyer)

There has been a church in Constantine for over 1000 years and it exists to serve the whole community. It is primarily here as a space of worship, but it is also a meeting place and a place where people come to mark the great joys and sorrows in their lives—the weddings, the baptisms, and of course the funerals. You don't even need to be a member of the church; we exist to serve God and our fellow human beings. But as with many organizations it is becoming increasingly difficult to balance the budget. It now costs around £1500 a week to keep the church running. If we are going to continue to maintain this service to our community then we must increase our income. If everyone in the parish were to give just £1 a week then there would be no more problem. Many people already give generously but far more do not. The church fulfils a vital role within the community, it is there for you whenever you need it. If this is to continue then we really do need your help.

For details about how to make donations please contact Church Treasurer Mrs. K. Graves, Pilgrim Cottage, Church Square, Constantine, TR11 5AW.

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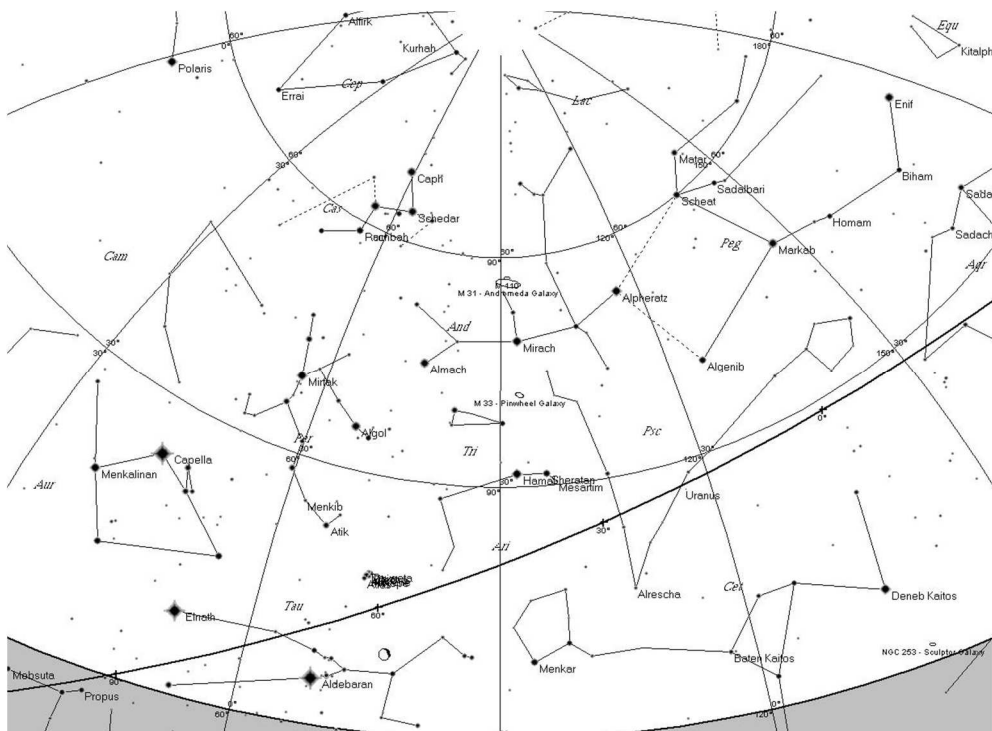
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* * * **Night Sky September - October** Robert Beeman
*
*

It is sometimes said that star patterns can match the weather with Aquarius (the water carrier), Cetus (the sea monster), Capricornus (the sea goat), Pisces (the fish), Pisis Austrinus (the southern fish) and Delphinus (the dolphin) all being visible over the next month or two. There is some speculation that the ancient Babylonians associated this region of the night sky with the onset of their rainy season. Cetus has few stars except for Mira, discovered in 1596 by David Fabricius. Over an 11 month period it changes from being very dim to nearly the fourth brightest star in the sky. Mira is an extended red giant that has a problem with its girth! At maximum girth it is 1500 times as bright as the our Sun: if placed in our Solar System it would engulf all the planets out as far as Jupiter.

Above this watery collection of constellations is Andromeda, home to the Andromeda Galaxy, the most distant object visible to the naked eye; it lies 2.5m light years away and covers an area nearly four times the size of a Full Moon. At the top of the eastern branch of Andromeda is Almach. This is a double star; the main component is a yellow super giant 650 times brighter than the Sun with a much smaller bluish companion. This can easily be seen in a small telescope. The companion star is actually a triple star with its companions being detectable only in larger telescopes. In late September don't forget to look out for the Harvest Moon when the Full Moon moves eastwards but hardly appears to move downwards due to the ecliptic being almost parallel to the horizon. Planets are in short supply until about the third week in October when Mars, Jupiter and Venus will be very close to each other in the pre-dawn sky at about 4am onwards.

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Submission Deadlines:

News items, calendar entries and other submissions are required by two weeks prior to the publication date. Please send to constant.times@gmail.com or post to the addresses above.

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NOVEMBER 2015 -
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