The Constant Times

VOLUME 6, ISSUE 2

APRIL - MAY 2017

Constantine welcomes Pont Croix Twinners Lyn Watson

Once again we are hosting a visit from our Twinners from Brittany in April. We look forward to meeting up again with families who have become real friends. We arrange visits to local attractions, meals together and entertainment for the four days they are here.

Every other year we go to stay with families in Pont Croix, visit their local attractions, and are treated to delicious meals, in which they excel. Last year we had a wonderful time in Pont Croix; visited the fantastic Huelgoat Forest with its huge rock formations; saw the spectacular Point du Raz; went sailing in a traditional fishing boat; and enjoyed a meal at a crepery with our friends, plus a gourmet three course dinner and disco. We look forward to another fun-filled visit next year!



For more details, contact Lyn Watson on 01326 340076 or e mail ethnevas@outlook.com.

Anyone wishing to join our Twinning Association will be very welcome. I joined only three years ago, rather apprehensive at first, but it is so easy and rewarding. Most of our French 'twinners' speak excellent English, so not being fluent in French is no problem, but it is amazing how long-forgotten school French comes back - even if not always grammatically correct!

Children from both countries visit each others' schools, which broadens their outlook. The only cost is the fare over. We travel by coach from the village which is also a bonus for bringing back boxes of wine!

We would like to thank all those who have helped with fund raising activities, including the excellent choir from Constantine School.

This year the French group arrive on the evening of 18th April and leave on Saturday morning 22nd April. If anyone would like to have a guest, either for the night and/or host guests in the day time for those out at work, please contact me. A shared hosting can be arranged.

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Summer pitch for Farmers Market - Page 9

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Constantine Museum News

Exhibitions

The current short term display in the museum depicts Churchtown and Fore Street in photographs from the end of the 19th century through the 20th.

We hope to mount an exhibition telling the story of oyster farming on the Helford from early May. If you have photographs, artefacts or memories please pop into the museum on a Monday from 12.00 to 15.30 or phone Don on 250604.

Museum goes walkabout

During early March, the museum participated in Falmouth Week organised by Falmouth Archive and funded by the Heritage Lottery Fund. The museum took along a display featuring the Home Front in World War 1, a small part of Constantine Remembers. The display generated a lot of interest and helped put the museum on the map.

Skill development of volunteers

During the Winter several volunteers have attended training courses run by Cornwall Museum's Partnership which has enabled an increase in knowledge and skill to the benefit of cataloguing and conservation. Courses have ranged from use of our cataloguing program to conservation of photographs and labelling of objects.

Grant enables better conservation of photographs

A small but valuable grant from the Councillors Community Chest, made possible by the support provided by County Councillor John Bastin, has

Don Garman

ensured the collection of photographic albums is properly conserved.

Help Raise Money for the museum when you Search or Shop Online.

The museum raises its running costs from visitor donations, book sales, grants and occasional fundraising activities. The community can help to develop and sustain the museum whilst shopping on line.

You can raise money for the museum when you search or shop online by registering for free with the www.easyfundraising.org.uk website and nominating the Constantine Museum as the cause you wish to support. Every time you search or buy something online the museum will receive a donation from the advertisers,



EASTER BUNNY HUNT

For all the family 10a.m. till 1 p.m. 15th April

Constantine Recreation Ground

FREE entry and every child gets a chocolate egg or bunny

Simply come and find 30 bunnies hidden in the recreation field and play area – plus refreshments based in the Church Young Persons Hut

Organised by Constantine Parish Church

HELFORD VOLUNTARY MARINE CONSERVATION AREA

Helford Marine Conservation Group moves to the great outdoors during April and May with two very different events. Interested? - then please book your place now.

Sun 9 April 2017 - Annual Heron count with dawn chorus at Calamansack

Join BTO surveyor Martin Rule from 6.30am to 9.0am in the annual heronry survey on the Helford with a twist this year. The group will begin with the dawn chorus, listening for resident birds and early migrants before walking down to view the heronry and complete a nest count for the British Trust for Ornithology. There is then the option to finish with a full English breakfast at the Trengilly Wartha Inn. Bring binoculars if you have them.

Cost £4, members and children free. £10 for breakfast. Booking advisable for walk, and essential for breakfast.

Meet at the entrance to Calamansac (between Port Navas and Constantine) SW 746 281 at the bottom of the farm lane. Contact Sue Scott Coordinator@helfordvmca.co.uk 01326 3409621.





Sun 28 May 2017 -Crabs and Critters on Bar Beach, Helford Passage (Ferryboat Inn side)

£4. Members and children free. From 1pm to 3pm join Matt Slater from Cornwall Wildlife Trust on a search for fascinating mud dwelling sea creatures at low tide. Find out more about the myriad of creatures that live in and on the mud at Bar Beach, Helford.

"We are expecting to find shore crabs, rag worms and peacock worms, cockles and other mud dwelling shellfish" says Matt. "It will be great fun, hands on and very muddy!"

Please wear wellies or wet suit boots. Under 18s must be accompanied by an adult. Booking is essential, contact Matt Slater at

matt.slater@cornwallwildlifetrust.org.uk, 01872 273939 ext. 214

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New W.I. President takes over at February Annual Meeting

It was nearly full house for February's Annual Meeting which included two new members and a guest very keen to join our W.I. After the Secretary's yearly report and the healthy Audited Financial Report from the Treasurer, our President, Mrs Angela Stokes, gave her last report after 5 years in the post.

Thanks were given to the whole Committee by members from the floor with gifts for the President and Mrs Sheila Symons who keeps the Hall letting rota flowing all year. Mrs Liz Moore kindly agreed to be our new President and three other members also agreed to join the Committee which we hope will keep our Women's Institute interesting and vibrant with new ideas.

Craft Club continues every Monday from 2-4pm, and a Soup & Pud lunch from 12noon to 1.15pm to raise funds for the Marie Curie Cancer Care Daffodil Appeal was planned for Monday 27 February. All were encouraged to



give their support and enjoy homemade soups and naughty but nice desserts with tea or coffee included. Our popular regular monthly walks and "ladies who lunch" at various local venues continue - a good variety of activities to cover all tastes.

Inspiring talk on silversmithing in March

At our meeting on Monday 13 March, our new President, Mrs Liz Moore welcomed various guests, visitors and new members before introducing the speaker. Abigail Brown, contemporary silversmith "extraordinaire", began her career after a 3-year art and design course at Loughborough University followed by 1 year residential course in Business.



After making the decision to work in both the design and crafting of silver, she travelled the world as Artist in Residence including Edinburgh, Alaska and Shetland. Abigail has exhibited work at the Goldsmiths Fair in the National Museum of Wales, Cardiff and the Victoria & Albert Museum.

Continuing to gain experience in the craft of silversmithing and taking her inspiration from the various landscapes seen on her travels, she is now a Member of Contemporary Silversmiths. Many pieces shown were inspired by Cornish moorland, stone circles, windswept trees, even lichen growing on rocks - shown on a piece of work which took at least one month to make, all worked by hand from a single flat disc. It was a truly inspirational talk.

Barbara Willoughby

W.I. Report cont'd

The evening continued with announcement of future events On Monday 10th April, Penny Praille will speak on "A Funny Job for a Woman" Intrigued? On May 5th we will host the third yearly Cake Bake sale where village clubs & organisations contribute baking for sale and all proceeds go to Cornwall Hospice Care. Please come and support and enjoy homemade bakes and a cup of tea. Our speaker on 8 May will be Lesley Robinson with "Shopping Through the Ages - visitors & new members are always welcome.

Constantine W.I Hall is available for hire, heating & lighting included. Contact our Hall Lettings Manager Mrs Sheila Symons - 01326 340738

KERNOW FRENCH SPEAKING GROUP

Join our friendly and relaxed group from now till end of Avril! First session is a FREE TASTER! frenchspeakinggroup@yahoo.fr

LANELLEN ARTS Presents....

The Search is the Treasure 29th – 30th July 2017

Port Navas Village Hall

You are invited to explore this new and exclusive collection of original works by ceramist and glass artist Hazel Thomson, and poet and photographer Phil Thomson. Where will the journey take you?

CONSTANTINE ALLOTMENTS AVAILABLE

Would you like to grow your own organic food? Beat the price rises, boost your fitness, and meet friendly people?

Constantine Allotment Association has a number of allotments available to rent. Situated in Bridge, a short walk from the church, with stunning views, their own stream, and a shed with communal tools, the allotments are a great but underused village resource.



It costs only £20 per year for a half plot or £30 for a full one. There are plenty of tools to borrow, and a communal shed. Seeds can be purchased at a discount.

If you are interested, please ring Liz and Martin on 01326 250170, or Dougal and Suzanna on 01326 341356. We'd be happy to show you around and answer any questions. Page 6 Volume 6, Issue 2

BF Adventure - Coast to Coast cycle event and Summer activities



On 28th May BF Adventure is hosting a Coast to Coast cycle event. There will be 3 routes to choose from; 38 miles, 60 miles and 100 miles. The routes will take in the spectacular Cornish coastline, have official drink and food stops and are affiliated with British Cycling. Join us for this fantastic fundraising charity event - book before end January and enjoy the early bird discount.

BF Adventure is providing the fantastic NCS programme again this summer. Do you have a young person aged 16-17? Do you want them



to have a summer of a lifetime?

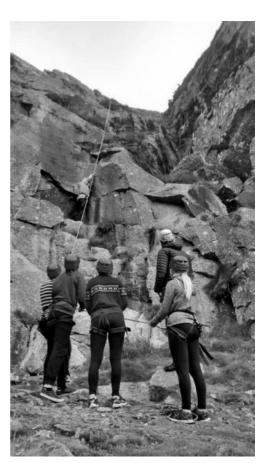
NCS is a unique four week programme focused around fun and discovery, plus 30 hours committed to a community project that benefits both young people and society.

Week 1 is focused on adventure, team building, leadership skills and fun. Week 2 is focused on skills, project planning, life skills and the community. Weeks 3 and 4 is when you take all the new skills you have learned and put them into action by planning and completing a

30 hour social action project. As a government-backed scheme the whole 4 weeks costs just £50 for all the activities, accommodation, food and transport.

Once completed each young person will have skills for life, a killer CV and an incredible summer.

For more information about any of our programmes or activity days please go to www.bfadventure.org or call 01326 340912 or e-mail enquiries@bfadventure.org



Celebrating Wild Lizard

National Nature Reserve

The Lizard National Nature Reserve was extended in 2016 to include an extra 470 hectares of land in National Trust and Cornwall Wildlife Trust care such as Kynance Cove, Lizard Point, Black Head and Windmill Farm. This makes the Lizard NNR one of the largest in the south-west at almost 2500 hectares of nationally important land recognised for its incredible wildlife.

In celebration of this extended National Nature Reserve, the National Trust and partners Natural England and Cornwall Wildlife Trust, are organising a series of events during May and June 2017.

Track down elusive nightjars by their bizarre churring calls, peer into ponds to discover dragonfly nymphs and newts, join botanists to marvel at the glorious spring flowers carpeting the cliffs and get to know why the Lizard Peninsula is such an important place for wildlife and a mecca for naturalists. With events appealing to all ages and interests, there's bound to be a wildlife adventure to suit!

- 1 May Dawn Chorus Walk. 6.15am to 8.15am. NT Lizard Point car park (opposite Lighthouse entrance) TR12 7NT Booking essential, call 01326 291174. Regret no dogs allowed at this event.
- **4 May Pond Dipping.** 4pm to 6pm. Windmill Farm TR12 7LH For information email: realwildthymes@gmail.com
- **6 & 13 May. Bird Ringing Demonstration.**Drop in from 7.30am to 10am. Windmill Farm TR12 7LH Regret no dogs allowed.
- **6 May. Reptile & Amphibian Walk.** 10am to 1pm. Windmill Farm TR12 7LH Booking essential, please call 01872 273939
- **7 May. Marine Mammal Watch.** 11am to 1pm Wildlife Watchpoint at Lizard Point (TR12 7NU)
- **8 May. Navigate from Nature.** 4pm to 6pm The Barn at Poltesco, Lizard Rangers' Base (TR12 7LR) Information email: realwildthymes@gmail.com
- **9 May. Spring Flowers on the Lizard.** 10am to 12.00 . NT car park at Kynance TR12 7PJ
- **20 May. Sea-watching for Birds**. 8am to 10am. Wildlife Watchpoint at Lizard Point TR12 7NU

- **21 May Bees and Butterflies Walk.** 1pm to 2.30pm. Wildlife Watchpoint at Lizard Point TR12 7NU Regret no dogs are allowed.
- **27 May Kayak trip with Lizard Adventure.** 9.30am to 12.30pm. Meet at Mullion cove TR12 7ES . £45 per person. Booking essential, please call 07845 20 40 40.
- **27 May** Bees and butterflies walk. 1pm to 2.30pm. Meet Kennack Sands car park TR12 7LZ Booking essential, please call 01326 291174. Regret no dogs are allowed.
- **28 May Marsh Fritillary Walk.**11am. Meet at Higher Predannack Wollas NT car park TR12 7EZ
- **29 May. Dawn Chorus Walk**. 5.45am to 7.45am. Windmill Farm TR12 7LH. Booking essential, please call 01326 291174. Regret no dogs are allowed at this event.
- 29 May. Rockpool Explore. 2pm to 4pm Meet at Kennack Sands Car Park TR12 7LZ. Information email: realwilthymes@gmail.com
- **31 May. Chough and Wildlife Walk.**10am to 11.30am. Wildlife Watchpoint at Lizard Point. Regret no dogs are allowed at this event.

For full details of these and June events, visit www.the-lizard.org.

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Parish Council Update

Charlotte Evans

Please note that full minutes can be found at www.constantinecornwall.com/council

Meeting held Thursday 16 February

Speed Watch Volunteers Sought:

Cllr Bastin highlighted that there are opportunities for those wishing to help enforce local speed restrictions who might consider volunteering in the Devon and Cornwall Police Community Speed Watch scheme. https://www.devon-cornwall.police.uk/advice/on-the-road/speed-watch/get-involved-with-speed-watch/

Parking outside School:

The no-parking markings outside Constantine School now have legal effect, enforceable from 1st March.

Planning: Seven applications were considered and commented on, whilst two decisions were also noted.

Meeting held Tuesday 14th March (rather than the usual Thursday, due to the Clerk having an unavoidable appointment)

Cornwall Council: Cllr Bastin had asked the Clerk to inform Councillors that Council Tax will rise by 3.97% in the coming financial year.

Recreation Ground: The Parish Council agreed to accept a quote for repair to the fence. The aim is that work will be completed before the Garden Show. Members also agreed unanimously to allow Constantine Silver Band to use the Recreation Ground for the Brass and Voice Weekend 15/16th July.

Planning: The Parish Council considered and proposed comments on seven planning applications, including:

PA17/01449 – Demolition of existing substandard garage and construction of replacement garage – The Cottage, Port Navas and PA17/01450 – Listed Building Consent for the demolition of existing sub-standard garage and construction of replacement garage – The Cottage, Port Navas – which the Council declared an interest in as the Custodian Trustee of the present-day Village Hall next door.

PA17/01678 – Proposed conversion of redundant barns to form dwelling – Treculliacks, Constantine.

PA17/01597 – Demolition of existing detached dwelling, garage and swimming pool and the erection of a replacement dwelling, garage and swimming pool – Pixies Garden, High Cross, Constantine.

PA17/01788 – Erection of detached dormer bungalow – 5 Bowling Green, Constantine.

PA17/01911 and PA12/01912 – Proposed sitting room extension to rear and adjacent ancillary 'Granny Annex' – Longbarn, Tresahor.

PA17/01245 – Change of use of land to a traveller pitch and associated works including 1 no. day room, 2 no. mobile homes, 2 no. touring caravans, utility block and compost toilet, retention of 3 no. sheds/stables for use as storage and associated works to replace existing permission PA14/01938 – Land on the SE side of Glentham, Ponjeravah.

Five decisions were also noted.

Future Parish Council Meetings in 2017

April 20, May 18 (Annual Parish Meeting), June 8, July 20, September 21, October 19, November 16 & December 14

Farmers' Market News

Mandy Milano

First of all, hopefully you have noticed that we have new helpers with the Farmers' Market. So, many thanks to Zoe and her team for stepping up and taking on the challenge – it's really appreciated. If you would like to get involved then do talk to us at the market.

Good News... Grant/s

It's taken 5 years, but we have a small surplus! So far we have bought new tables for the Village Hall, contributed to the Christmas Lights, etc. This time we would like to give a grant, or two, to local groups or individuals from within Constantine Parish.

The maximum is £250 and minimum £50 and any amount in between. To apply we would want to know about your group (or you)? What the money is for? If it's part of a larger amount, then where you are getting the rest. And we may well want to meet you.

Any local voluntary/community groups can apply. We are thinking that individuals may need it go towards a recognised educational trip – scouts, D of E, etc., a musical instrument, help to buy a piece of disability equipment, sports equipment for the next world champion... or....

So, to apply or if you have any queries, email me at: mandymilano@hotmail.com or write to the Farmers' Market, c/o Tarn Etive, Parc Monga, Constantine TR11 5AR. The closing date for applications is Friday 19th May and the Farmers' Market Committee will announce the winner/s by the end of June.

More News

For June, July, August and September this year we will be holding the Farmers' Market at the Tolmen Centre.
Same day - second
Saturday of the month.
Same time – 9.30am to 12 noon. Just so we can see if there is an increase in business for the stall holders, by picking up more passing trade during the summer months.

We will return home to the Village Hall for October to May 2018.



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The Constant Times CONSTANTINE CALENDAR

April2017

Wed (every) – Todlins. 9.30am. Tolmen Centre.

Thurs (every) – Port Navas Art Group. 1-4pm. Port Navas Village Hall. Contact Ron Prior on 340566.

Fri (every) – Fitness Fusion. 11.30am. Tolmen Centre.

Tues (every) – Yoga. 6.30pm. Tolmen Centre. Contact jess@yogagrace.co.uk

Wednesdays (until 26 April) Kernow French Speaking Group 3pm Port Navas Village Hall. Contact Fern Wetzel-Harrison on 07931 974816 or email frenchspeakinggroup@yahoo.fr

Sun 2 – Rackhouse Pilfer. 7.30pm. Tolmen Centre. £11/£10.

Sat 8 – Farmers market.

Sat 8/Sun 9 - Make your own 'Alchemy Tiles'. Port Navas Village Hall. £140. To book contact Mel on 07768 193848 or email info@melchambers.com

Mon 10 – WI meeting. 'Funny Job for a Woman' with Penny Praille. 7.15pm.

Thur 13 – Transition Constantine Meeting. 7pm. The Queens Arms. Chris Hussey 340007.

Sun 16 Easter Sunday Service at Port Navas Village Hall led by Gordon and Sylvia Dyer 9.30am All welcome

Thur 20 – Parish Council meeting. 7pm. The Vestry, Constantine.

Fri 21 – History group: Life and Times of a Hayle Steamship with Pete Joseph. 7.15pm. WI Hall.

Fri 21 - Constantine Book Group Plus. Wyl Menmuir *'The Many'* 7.30pm Tolmen Centre £5.00

Sat 22 - Gardens and Homes Coffee Morning. 10 - 12 noon. Church Hall. Super Plant Stall, Home bakes Cakes, Hand made cards and crafts, vintage, raffles and games, spring hamper, books, home made refreshments.

Sun 23 - Constantine Church AGM following the Morning Service

Mon 24 – Constantine One and All Club. 2pm. Alan Cox slides. Sally Coot 340050.

Tues 25 - Bluebell walk and Cream Tea at Calamansac. Meet 2pm at the boathouse. No dogs, please. £5. By kind permission of the Green family

Thur 27– Constantine Cottage Garden Society 'Fun with Fuchsias'. 7.30pm. W.I. Hall. £1.

May 2017

Wed (every) – Todlins. 9.30am. Tolmen Centre.

Thurs (every) – Port Navas Art Group. 1-4pm. Port Navas Village Hall. Contact Ron Prior on 340566.

Fri (every) – Fitness Fusion. 11.30am. Tolmen Centre.

Tues (every) – Yoga. 6.30pm. Tolmen Centre. Contact jess@yogagrace.co.uk

Mon 1 - Port Navas Trek. Annual charity walk, organised by The Save the Children Fund. Start at hall 10am for 8 mile walk, 11.30 for 4 miles. Tea in the hall from 3pm. Donations welcome. Further information, contact Mel 341484 or Roger 340718.

Thurs 4 - Unitary/Town and Parish Council Elections

Sat 6 - Hunter Muskett, folk-rock/ Americana band. 7.30pm Tolmen Centre £11 / £10

Mon 8 – WI meeting. 'Shopping through the ages' with Lesley Robinson 7.15pm.

Weds 10 - Fri 19 - Beside the Water-Spring fayre by local artists and crafters. 11am-5pm. Port Navas Village Hall.

Thur 11 – Constantine Cottage Garden Society (tbc). 7.30pm. W.I. Hall.

Thur 11 – Transition Constantine Meeting. 7pm. The Queens Arms. Chris Hussey 340007.

Sat 13 - Farmers market.

Mon 15 – Constantine One and All Club. Trip Bude. £10. Sally Coot 340050.

Thur 18 – Parish Council Annual meeting. 7pm. The Vestry, Constantine.

Fri 19 - 'Medical Maelstrom'. 6.30pm. Tolmen Centre. Return of the hilarious musical comedy cabaret. In aid of Cornwall Samaritans. Tickets (includes finger buffet) £15 from 01326 341353 or online www.tolmencentre.co.uk

Thurs 25 - Theatre Ad Infinitum 'The Odyssey' by the renowned Theatre Adinfinitum. Tolmen Centre. Tickets £10 from 01326 341353 or online www.tolmencentre.co.uk. Cafe Tolmen open from 6pm.

Sat 27-Sat 3 June - Port Navas Art Group Exhibition 11am-5pm. The group's sixth exhibition, a display in various mediums by amateur local artists, and creative gifts.

Sat 27 – 4 June – Cornwall Open Studios. Contact George Willoughby. bargebrill@btinternet.com 07510353898.

St Constantine Church Services

Including the very important period of Easter 'Jesus died and rose again'

Sun 2 April 10.30am

Holy Communion. Passiontide begins.

Palm Sunday 9 April 8.00am BCP Holy Communion. 10.30am Holy Communion. Distribution of Palm Crosses.

Thurs 13 April 7.00pm

Holy Communion with Watch Night and Compline at 11.40pm.

Good Friday 14 April 10.00am Stations of the Cross with 10.30am Service of the Passion.

Easter Day Sun 16 April 10.30am Holy Communion. The Lord is Risen. *Hallelujah*.

Sun 23 April 8.00am BCP Holy Communion 10.30am Holy Communion Sun 30 April 8.00am BCP Holy Communion 10.30am 5th Sunday Combined Service will be at Mawnan Smith (lifts available)

Sun 7 May 10.30am Holy Communion Sun 14 May 8.00am BCP Holy Communion 10.30am Holy Communion

Sun 21 May 10.30am

Holy Communion

Sun 28 May 8.00am BCP Holy Communion **10.30am** Holy Communion

Whit Sunday 4 June 10.30am Holy Communion.

Everyone very welcome and coffee is served after the service.

Liz Moore

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Constantine History Group - January Meeting

Don Garman

The name "Perran Foundry" on a piece of iron on a beach in the British Virgin Islands prompted mining geologist Chris Burton to research the Perran Foundry located near his home in Perranwell. The metal on the beach was part of the beam from the mine engine on the cliff above. Chris shared his fascinating research with members of the Constantine History Group at their January meeting.

The development of the Perran Foundry begins with the Fox family resettling in Falmouth from Fowey. The family of Quakers were attracted by the increasing commercial activity in the port and mining in the surrounding area.

The enterprise began with two Fox cousins leasing land on either side of the Kennal Valley in 1776. Here they developed a wharf for the shipping of copper and the import of coal, timber from the Baltic (hence the Norway Inn), guano and limestone. George Fox was appointed to manage Perran Wharf and he built a house on the hill called Tredrea. The port proved valuable to the Gwennap mines for the next 40 years.

In 1791 the Fox's decided to build a foundry which would enable heavy machinery, particularly steam powered beam engines, to be constructed closer to the mines. The foundry, with power to be provided by five water wheels, was to be built just above the Perranwharf. Although members of the family knew little about the foundry business they recruited expert help, particularly from Peter Price, a Welshman from Neath.

A lease in South Wales provided an opportunity to obtain iron and produce



pig iron, which could then be shipped in their "Welsh fleet" of ships to Cornwall. Initially the engine parts were made in Neath and assembled at the foundry. By 1830 both the beams and the engines were being produced at Perran and the highly skilled workforce, working 12-hour days, 6 days a week, was managed by Charles Fox, an intelligent 25 year old.

The Gwennap mines were at their zenith between 1825-50 and were responsible for one third of the world's copper. By now the company was servicing machinery previously supplied and thus Charles sought new markets abroad including Mexico and Australia. Wherever Gwennap miners migrated, orders for Perran Foundry equipment soon followed. Steam pumps were also sold to the Dutch to drain the Haarlemermeer. In 1842 Charles retired to Trebah and Barclay Fox, his nephew, took control, a man of incredible energy. Through marriage he gained an interest in coal mines in the North East.

The foundry began to feel the impact of reducing copper production and was sold to the Willams family who closed the foundry for a year to refurbish, but in 1880 the last engine left on a barge and they closed it down.

January Meeting Cont'd

For a brief period it was owned by the Sara's and then it was purchased by Edward Bros and converted to a corn mill, although producing woollen cloth from 1881 to 1911. Corn merchants, Libby's, purchased it in 1969 and the final closure happened in 1988. Intentions to develop the site for housing were eventually realised in 2005, but are still to be completed.

Chairman, Richard Clowes thanked Chris for sharing his fascinating research.

February Meeting

Greg Cross, a national Trust Woodland and Access Ranger from the Penrose estate, Helston, took members of Constantine History group on a historical journey of the Penrose estate, which has only had three owners in the last 1000 years: the Penroses, Rodgers and since 1974, the National Trust.

The journey began at Gunwalloe where archaeological digs discovered dwellings dating back to the Bronze Age. Mining on the estate dates possibly from Roman times with Wheal Rose along the coast and Porkellis in the Cober Valley. The upper reaches of Loe Pool have been infilled with mine and streaming waste whilst other influences on this large expanse of freshwater have also included World War II activities and flood alleviation which has seen Loe Bar cut through to solve flooding in Helston.

The house originally of Medieval origin is still occupied by a member of the Rogers family. The formal gardens of the 18th century have almost disappeared but the parkland and the influences of the nineteenth century plant hunters are still visible.



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Premier League Trophy and international triple jumper visits inspire Constantine School children Helen Bancroft

There have been many highlights over the past few months for pupils of Constantine School but I think if you ask the children they will speak about the following:

On Thursday 23rd February we were one of only six schools in the country to win a competition with the prize being a visit from the actual Premier League trophy and workshops with our nearest football league club – Plymouth Argyle. The children were treated to an inspirational assembly from the Premier League Team and then photo opportunities with the trophy. They were also all able to participate in workshops led by some of the Plymouth Argyle squad – aided by Pilgrim Pete – their mascot! There was also a fascinating Q&A

session with the trophy's two security guards. They travel the world with it and are never allowed to let it leave their sight. After leaving us they were off to India and they told us the trophy gets its own seat on the plane!

The following week we had another inspirational sporting visit from international triple jumper Nathan Fox. He gave a brilliant insight into the life of an athlete and again the children participated in fitness circuits to raise money for sports equipment for school. For such a relatively small school we have had some amazing sporting successes this year making us incredibly proud. It is opportunities like these that keep inspiring and motivating our wonderful children.



The Tolmen Centre Constantine Book Group Plus

An evening with Wyl Menmuir

Friday 21st April 2017

Join us to hear Wyl Menmuir talk about his book 'The Many' Praise for The Many 'Ominous, Subtle and beautiful' Michael Marshall Smith. 'An intriguing, evocative and formally ambitious debut' Financial Times.

Wvl Menmuir was born in 1979 in Stockport. He lives on the north coast of Cornwall with his family and works as a freelance editor and literacy consultant. Before this he worked as a journalist and teacher and gained degrees from Newcastle University, Durham University and from the NCTJ. Wyl completed his MA in Creative Writing at Manchester Metropolitan University in 2016. During this time he wrote his debut novel, 'The Many' which was longlisted for the 2016 Man Booker Prize. 'The Many' was also named the Observer Best Fiction of 2016. Wyl writes and edits for a range of national magazines, journals and blogs, teaches creative writing at Manchester Metropolitan University and is the 2017 writer in residence at Falmouth University.

Tickets from the Tolmen Centre on 01326 341353. Refreshments and bar from 6.30pm. Talk, discussion and questions from 7.30pm

2017 Local Elections

Please be aware that if an election is triggered by more than 11 nominees standing for a seat on Constantine Parish Council, the date of the election will be 4th May. The last day to register as a voter in this election is 13th April. For more information go to: www.cornwall.gov.uk/council-and-democracy/elections/electoral-registration/

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Night Sky Robert Beeman

With Arcturus bright in the south eastern sky, concentrate on an area of sky to the west, more or less under the Plough - Coma Berenices. This is the only constellation named after a person, Queen Berenices, Queen of Egypt in 3BC. This constellation has three main stars, alpha, beta and gamma which form a right angle, just below gamma. The most westerly of the stars is the Coma Star Cluster. Binoculars will give the best view of this cluster.

Move your view upwards to between the Plough and Coma Berenices to the constellation of Canes Venatici, the hunting dogs. This is not an ancient constellation but one created by Johannes Hevelius, who, in the 17C felt that the neighbouring constellation of Bootes, the herdsman, needed a couple of dogs!! The brightest deep sky object in this constellation is the globular cluster M3. This is easiest found by moving slightly east from beta Coma Berenices. Binoculars or a small telescope will give good views of this cluster.

There are two comets in this part of the sky during April/May. One will not be easy to find as it is very faint, but Comet JohnsonC/2015V2 in late May at about midnight (altitude 71°,azimuth 180° (S) 0020 GMT 22nd May) will be the one to try for. Look about a third of the way down Bootes on the eastern flank and binoculars or a small telescope should pick it up.

Jupiter, on the other hand, will not be difficult to find, as over this period it will be fairly close to Spica at the foot of Virgo. Take the opportunity to view the moons of Jupiter. Binoculars or a small telescope will show these very clearly.

Whilst in this area of sky, look closely with binoculars at Virgo and you may spot some faint fuzzy blobs, brighter at the centre than the edges; we are looking out to the universe beyond the Milky Way into the Virgo Cluster which has some 1000 galaxies, and is about 55 million light years from us.

Saturn will be best viewed after midnight from late April onwards but it will be very low on the southern horizon.

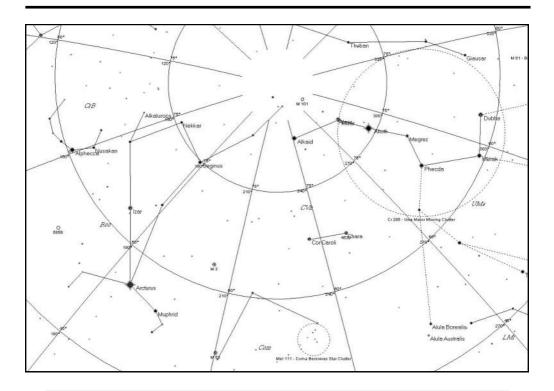
Calling all dog owners in and around Constantine Editorial Team

Constantine is a great place for dogs and their owners with its beautiful woodland, country and creekside walks. Poo happens, and the vast majority of dog owners are diligent in picking it up, but sad to say, there are still regular occurrences of fouling left on

roads, driveways and footpaths around the village. Notable hotspots are at the bottom of Well Lane and at the top end of Bowling Green.

Please would ALL dog owners do the socially acceptable thing and...

PICK UP YOUR POO!





From Wednesday 19 to Saturday 22 April 2017, Gweek Players will be performing Harvey! – a comedy about gentlemanly Elwood P. Dowd and his eponymous best friend, an invisible white rabbit.

This warm, funny play about friendship, acceptance and eccentricity, was originally a Pulitzer Prize-winning play set in 1940s America but is now better known for the 1950 film starring James

Stewart. Come along and enjoy an evening of entertaining American nostalgia.

Reservations can be made at our Box Office on **0845 094 8874** or online at **www.gweekplayers.co.uk**. Performance times: Wed., Th., Fri. and Sat. evenings at 7.30 pm and a Saturday matinee at 2.30 pm. Ticket price: £10.

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Cottage Garden Society

January Meeting

Tony Sutton from the Marine Conservation Society replaced the arranged speaker. Tony is a freelance journalist specialising in underwater photography and wildlife.



He used many of his own photographs to illustrate how important it is to have Special Areas of Conservation and no anchor zones on the Helford River. He explained about the impact that increasing human population and modern farming methods are having upon marine life. His photographs illustrated the necessity of protecting eelgrass which shelters other underwater forms of plant and many types of fish.



Something interesting to say?

If you have any community news or want to talk about a particular subject, e-mail constant.times@gmail.com

Howard Bolt

February Meeting

The A.G.M. preceded an illustrated talk by Dr. Sara Gadd from "Garten" Garden Design in Cornwall.

Sara explained how she had become a garden designer, developing her philosophy for designing gardens for customers by using knowledge gained from visits to other parts of the world as well as her work at the Eden Project and the Chelsea Flower Show.

It can take several years to create a successful garden and Sara said that her firm does not do rapid 'garden makeovers'. She used beautiful photographs to illustrate the various aspects of her philosophy which she incorporates into her designs.

After the talk, plans of some of her work, together with publications about gardens she has designed, were made available for inspection.



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Trenarth Gardens to open for charity this summer



Trenarth Gardens, High Cross, Constantine, TR11 5JN are open three times for charity this summer.

Four acres of very varied gardens around a listed granite farmhouse, pastoral views, with interest throughout the year. Many varied and unusual plants, grown particularly in the walled garden: vegetables, courtyard, orchard, herbaceous borders, woodland, palms and gravel garden, and quirky touches!

Visitors are very welcome, refreshments available, and plants for sale.

Sunday 21st May 2017 2-5pm open for Children's Hospice South West

Sunday 25th June 2017 2-5pm open for the National Gardens Scheme

Sunday 23rd 2017 July 2-5pm open for Cornwall Wildlife Trust

The gardens are also open by appointment for the NGS and Cornwall Hospice Care.

Contact: Lucie Nottingham, 01326 340444, Imnottingham @ btinternet.com

Website: trenarthgardens.com

The Constant Times

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Submission Deadlines:

News items, calendar entries and other submissions are required by two weeks prior to the publication date. Please send to constant.times@gmail.com or post to the addresses above.

DEADLINE FOR JUNE / JULY / AUGUST 2017 ISSUE: 12th May

CONSTANTINE CHURCH HALL

To book,

please now contact

Jenny Parshall

on

01326 340236



Come along to Jess' yoga classes at The Tolmen Centre Tuesdays

6:30pm - 7:45pm

Jess welcomes beginners or those with some experience to a dynamic hatha yoga class where we focus on posture, alignment and breath

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