The Constant Times

VOLUME 8, ISSUE 1
FFBRUARY/MARCH 2019

Constantine School's 50th Christingle service

Cags Gilbert, Head of School

At Constantine School we have been extremely lucky to fit in several visits to our village church in the last month.

We sang alongside Mawnan School for the Advent Carol Service and also celebrated the 50th year of the Christingle at our own school service.



More Constantine School news on Page 2.

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Constantine School news (Cont'd)

Discovering the deep.....

Year 4 have been learning about our Awesome Oceans and local fisherman, Cameron, came in to show us our favourite species and they were all alive!

Straight from the morning's catch, he arrived excitedly to tell us some of what he knew as we were keen to listen to him and ask questions. We learnt so much about life-cycles, their habitats, mating, adaptations and we also got to handle some pretty big and live shell fish.

It was so much fun!



....and a suit that sucks up litter! Theo in Year 6 designed a suit that sucks up litter and 'Kids Invent Stuff' have built it!

You can see his suit in action on the following link:

https://youtu.be/AU3sjE4W1Tc.



AN APPEAL TO ALL DOG OWNERS FROM THE EDITOR

There's no easy way of putting this, but despite previous complaints, some irresponsible dog owners are still allowing their animals to foul the grass verge beside the school. This is especially unpleasant and a potential health risk for school and pre-school children.

There are no excuses for this, particularly as there is a dog waste bin in the exact spot where it occurs. So, for the sake of the village and our children's health.

PLEASE TAKE A BAG, PICK UP YOUR DOG'S POO AND PUT IT IN THE BIN PROVIDED. Thank you

Collector returns 19th century Parish Constable's Staff to Constantine Museum Don Garman

A New Year surprise awaited volunteers on their return to the Constantine Museum following festivities. A new object wrapped in brown paper had arrived by post from Suffolk. The Museum team were delighted to find that the parcel contained a Constantine Parish Constable's staff dated 1849 with the initials HRHVR – Her Royal Highness Victoria Regina.

Oswald Simpson, a retired antiques dealer, living in Elmsett, Suffolk had decided to repatriate his collection of police constabulary memorabilia and by visiting his local post office tracked down the contact details of Constantine's Parish Council Chair, Paul Carter. He phoned Trengilly Farm who then put him in contact with the Museum. The staff had been in the ownership of Mr Simpson for forty years, unfortunately he cannot remember where he purchased it, but it was likely to be an auction in East Anglia. One wonders about its journey from Constantine.

Boroughs such as Falmouth and Helston formed police constabularies in the 1830s but until the formation of the Cornwall Constabulary in 1857, rural communities continued with Parish Constables who were elected annually by the Vestry. They were unpaid and received no uniform just the staff, which at this time was more of a badge of office than a weapon. Often, they were hung at the house door to mark the residence of the holder. The role of the Parish Constable was considerable and apart from apprehending criminals, locking them up (where was the Constantine lock up?) and ensuring they attended the Magistrates Court, they were



Volunteer Jennie Parshall , Museum Chair Jacqui Hessing and Collection Co-ordinator Don Garman examine the newly acquired Constantine Parish Constables Staff

expected to punish drunks, fathers of bastard children, prostitutes, poachers and hedge damagers and to place vagabonds and beggars in the stocks for three days and then whip them out of the parish. Other tasks included collecting tithes and any national taxes, monitoring trading standards, catching rats and organising accommodation for visiting military! It is not surprising that this was not a popular appointment and those elected who had funds might well pay some else to carry out the many tasks.

Chair of the Museum Management Committee, Jackie Hessing said "We would like to thank Mr Simpson for returning this object to the parish as it illustrates the means of keeping the peace long before a police forced was established in Cornwall and benefited the parish."

The Museum team are keen to identify the owner and will be seeking access to the Vestry Minutes of 1849.

The staff will be on permanent display to the public once the Museum reopens following winter closure on 18 February.

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Bosahan Woodland Management Team Quarterly Report

The management Team have met twice since the last report.

Steve Moore was formerly adopted as the Bosahan Managent Team Treasurer.

We have received many positive comments on how much better the top path is and the access from the quarry along this path. Many more people are now using this stretch of the path.

Alan Pearce confirmed he was still in communication with Cornwall County Council investigating bridleway versus footpath along the top completed woodland path.

We are looking at ways to inform all users of the paths, and there are many more since we upgraded the top path, that we should be respectful of all users and especially be aware of the increased use of the paths by pre-school children. Also reminding all dog walkers, to wherever possible to pick up dog poo. Preschool members will be making some posters to remind dog walkers and the Dog Warden, Julie Mulvaney, for our area will be making more trips along the footpaths to ensure dog owners are being responsible.

Our web site is now up and running and can be accessed via the village site https://constantinecornwall.com/woods. Thanks to Chris Hussey, the site is regularly kept up to date and charts our progress.

Woods Swings and Dens Monitoring: Adrian Roberts does an official sweep of the woods every three months. We recently had to remove a swing that appeared on the big tree at the end of the top path by the quarry, the rope was old and frayed and the seat broken. The area immediately below and around the swing has many rocks and dead stumps/branches of trees which present a hazard



for users, if the rope breaks. We don't want to prevent anyone having fun but we would like to keep them injury free.

Pre-school Elfie Carson has been doing a remarkable job and the little ones use the woods twice a week for Forestry school. They are getting a real understanding of the great outdoors and our environment. We are looking into getting an inconspicuous locker for storage of pre-school equipment to be sited sympathetically in the woods. This will save the pre-school teachers and helpers from having to carry heavy equipment to and from the woods twice a week.

Filming: Cornwall University Students used the woods in November to make a film about Pixies. The woods have a mention in the credits and we have some stills of the film on the web site.

Finance: We have been given a further two donations of £100 and £250, both gift aided. We have received the very generous donation of £3,000 from the Tanner Trust. We also have a claim for £775.15 in Gift aid and a claim for VAT

Liz Pearce

of £160.80, which would give us a total of £4,284.71. We need to raise approximately £8,000 to repair the lower path. The Isles of Scilly Steamship Company have an application for a grant and they will meet in February 2019 to consider the application. We have also applied to the CCC Community Chest for £500. I am also in the process of applying to 'Awards for all', and 'Cornwall Community Foundation'. We also re-applied for a Santander Discovery Grant. We hope to get lucky and at least one of these organisations will come through for us.

Stage two lower path from the Quarry to the bridge – on hold until we can raise enough money to complete the work. We have contacted CORMAC asking for a further 50 tonnes to help complete the path, obviously in their new financial year.

Signage using granite boulders already in situ, with plaques similar to that on the boulder by the bus stop, is being investigated.

Looking at the permissive path from Trebarvah Lane to Comfort House. Although this is not part of our remit, many people have asked about improving the path that meets with the stile. This path needs a volunteer group to cut back the brambles and gorse to allow a mini digger to get through. Liz Pearce is looking at arranging. We have investigated mechanical hedge trimming, but those approached do not have suitable machinery and say the access is not suitable. We do have the cost of the hire of a mini digger for 2 days, which the Parish council are funding, and I have been given £100 towards materials. We still need to raise approximately £3,000+ to complete work on the path from Well Lane to the stile, where our path ends/starts. If anyone would like to help in any way, please let us know.

Advance notice of Gweek Players' Spring production 1 - 4 May

This will be a double bill with the theme of Early Cinema. Exposure by Frank Whately tells the extraordinary story of Eadweard Muybridge. photographer, who in the 1860s "annihilated time" by proving that a horse, when trotting, is fully airborne at every stride, thereby challenging artists' interpretations of the preceding 3000 years. He also shot and killed his wife's lover. We will recreate his photographic artistry that captured the grandeur of the Yosemite Valley, the Indian Wars, and, most significantly, the motion of the human body.

This will be supported by *Charlie* and the Siberian Monkey Goddess a short two-hander by Don Nigro, that may, or may not, capture the spirit of one of the earliest stars of the silver screen, Charlie Chaplin.

Booking details to follow in the next issue.

Constantine Museum Collection Conservation - can you help?

During the winter closure period the Museum team will be meeting every Wednesday from 10.00 – 13.00 in the Museum to continue work on conserving all the metal objects.

They will also be labelling and doing some cataloguing and accessioning the collection of Cornish history books donated by the Griggs. Do pop in and give a hand, more hands will be very welcome.

Contact 01326 250604

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Saturday 9 February

Gilthead Seabream in UK Waters

Illustrated talk at 7.30pm at Gweek Village Hall, TR1 6UG. Free for under 18s and HMCG members. £4 for others. Warming seas are thought to be responsible for an increase of gilthead seabream in UK waters. Jen Lewis researcher at Exeter University has been studying their growth and the importance of estuaries like the Helford for this species. Refreshments available.

Saturday 16 March – AGM, Native Oyster talk, and Supper

Helford Marine Conservation Group AGM at 7.30pm at Gweek Village Hall, TR1 6UG followed by an illustrated talk by Tristan Hugh-Jones on the difficulties facing our native oysters and what is being done to overcome these. Followed by a light supper. Meeting free for under 18s and HMCG members, £4 for others. £5 for supper please book this via the Events Diary on our website www.helfordmarineconservation.co.uk

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Port Navas Village Hall Events

Port Navas Art Group

Thursdays 1pm-4pm, 17th January - 4th April

Pope's Garden Squad

Join the group and help to keep our community garden tidy

Monday 21st January 10.00 am 12.00noon

Gardening and chat followed by well deserved coffee and biscuits! Bring your own gloves, trowels etc

Soup Kitchen

Wednesday 6th February from 12.30pm Soup and Crusty bread. £3. Booking not required

Soup Kitchen

Wednesday 6 March from 12.30pm Soup and Crusty bread. £3. Booking not required

The Annual General Meeting

13th March at 7pm Refreshments after the business!

Life in the Solar System?

Wednesday 20th March at 7pm Robert Beeman

There is a possibility of life in the solar system following recent discoveries by the Mars Curiosity rover and the late Cassini mission to Saturn where some of the simple building blocks for life have been found.

£7 to include a pasty.

To book a place please ring

Margaret on 340214

Host of activities from Seworgan's Goosebarn

Alice Rollinson

The Goosebarn at Seworgan is a cosy barn and outdoor space for use that hosts collaborative creative art & craft workshops as well as celebratory feast nights, yoga and meditation. It is available for private events, parties catered for, team building, networking, skill sharing and workshop use.

Our forthcoming programme includes:

Kundalini Kria yoga

play with Val Stagg

Tuesday mornings 10.00 - 11.30 £8
Contact: Anna Lemprier on 07971 290464
or AliceRollinson on 07950 935590
Feb 14 & 15 - Curry Love - Wild Goose
supper club - Indian feast night
Feb 16 & 17 - Stained Glass Making
with Amala Moon from Heart of Glass
March 2 - Gum Arabic printmaking with Sophie Fordham printmaker
March 9 & 10 - Silver stacking rings
jewellery workshop with Sophie Marsden from Dreamspell Jewellery

TM meditation technique with Wayne Robbins - date to be confirmed To book places or run a workshop contact Alice Rollinson 07950 935590 E-mail Alice.mango@gmail.com Fb or Meetup 'Goosebarn creative workshops'

March 16 - Wild Voice - an invitation to





Goju-Ryu Karate-Do

Traditional karate training for Adult beginners. £6

- Monday 9.30-11.30 Mawnan Smith Hall
- Thursday 9.30-11.30 Tolmen Centre
- Wednesday 7.30pm Zed Shed, Penryn

Karate is ideal for developing fitness, selfconfidence and self-defence. Modern day life deprives many people of the necessary adequate exercise for fitness and mental health. Karate tones the body, develops co-ordination, quickens reflexes and builds stamina. It also develops composure, a clearer thought process, deeper insight into your mental capabilities and selfconfidence. No previous training or proficiency in any sport is required. Whatever your physical condition, the training is carefully structured to introduce you to this fascinating and dynamic art. Progress depends entirely on the individual and not on a group level, so one can join at any time and progress in one's own pace. The object of true karate practice is the perfection of oneself through the perfection of the art.

The classes are taught by Sensei Malcolm McKeand – a Black Belt of many years standing with considerable teaching experience. They have been running for over a year and will continue to do so. Contact: Malcolm on Mobile: 07770 72123 malcolm@malcolmmckeand.com Page 8 Volume 8, Issue 1

They think it's all over - it is now!

Tracey Clowes

The Village Christmas trees are down and recycled, 100's of lights are collected in and checked, silhouettes are stored, and crib scene figures carefully flat packed away. But what have been the highlights of this Christmas season?



Seeing so many people of all ages joining in with the village lantern parade; attending the big tree switch on with Constantine Silver Band playing carols: family and friends walking the village at night to see the lights: children standing and talking to the animals at the crib scene; a family settling down on a picnic rug to eat pizza by the big tree saying they could not have found a more joyous place to sit and eat together: overhearing conversations about the contents

of the big parcels in the Santa sleigh on the 'Bank'; the feeling that on these dark winter's nights the small brightly lit trees as you come along Fore Street are welcoming us home and giving a sense of a community celebrating together; the crosses on the Church Tower (these remain until Candlemas on 2 February) sometimes almost floating in the foggy night air, emanating a feeling of reassurance and peace.

In my own home I am still finding pine needles and battling with boxes that don't really have a proper storage space (under the bed). I have tried to recycle the Christmas cards and put away all the bows, paper and ribbon ready for next year! I have sent 'Thank you' texts for my gifts and written some actual paper letters. The Christmas jumper has been put away. I have made New Year's resolutions, it's best to have several as I am bound to keep one of them, well for a while anyway!

For a few days it really does feel as if 'it is all over'. I have bought Spring flowers into my house and have noticed that we have gained at least 45 minutes extra evening light since we switched on in December. Primroses and camellias are coming out and there are flowering daffodils in the fields surrounding our village. The year has begun.

On that note it is important to know that the Christmas Lights Team does work all year round, (it is never over), checking all the lights and equipment, repairing, making, restocking, planning, and fundraising, so please keep your eyes open for the blackboard at the main bus stop showing forthcoming events, and this magazine. If you wish to view the accounts, then Parish Council will have a copy, and we are hoping that Constantine Museum will also hold a copy.

If any one has any fund raising ideas or would like to join the team then please contact me Tracey Clowes - Tel 340279.

BF Adventure celebrates 30 Years!

This year BF Adventure will be **celebrating its 30**th **year** and will be offering lots of exciting adventure giveaways. From a group day out for a school worth £1750 to hoodies, family days out, primary school adventures, camping and much more. Keep an eye on our Facebook page for all the latest news.

We will be hosting many events throughout the year, including our cycle sportive on 2nd June and a community party on 26th July in our Adventure Barn, this will include music and dancing! It would be great to see you there.

We are recruiting! There is an exciting opportunity to join our growing team of instructors, supporting young people to develop, grow and build a brighter future. If you are interested, we would love to hear from you.

We are also looking for staff during the summer holidays to support our NCS programmes. For more information and to apply for any of our jobs see our website: www.bfadventure.org

We have officially opened our new Adventure Barn, which is an incredible space, and is available for hire. It can be used for Birthday parties, evening events, fundraising or anything else you wish to use it for. We hope it can become a valuable asset to the community.

This February Half Term we will be running our fantastic **Holiday Adventure Days** for children. With a new format where you can book either a half day or a full day, and a great list of activities and adventure there is something to keep all ages active over the holidays. For the full list, see our website:

www.bfadventure.org

Second helping for Transition's Big Lunch

Following the success of the communal lunch on the Community Day last October, Transition Constantine held the first of what it hopes will be quarterly Big Lunches on Saturday 12 January.

The people of the Constantine area didn't let them down and, as before, the Tolmen Centre was packed with families, young and old, who tucked into a huge variety of home-made dishes and delights brought by the diners themselves for others to enjoy.

The atmosphere was all the more enjoyable as local band Akoustek played and sang a live set throughout the meal.

The next Big Lunch will be announced in due course. Transition would love to see even wider village participation so if you haven't been already, do come (and it's free!).



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Constantine Cottage Garden Society Reports

November - 'Dahlias' by Louise Danks

Louise studied at the Duchy College under David Brown, the creator of the National Collection of Dahlias at Varfell Farm, Penzance. The dahlia is the national flower of Mexico, where it grows naturally in mountainous areas. It was introduced to Europe by a Spanish explorer. From an original 44 natural species there now over 57,000 cultivated forms worldwide, of which 1700 are grown at Varfell Farm. This National Collection was started in 1998 and now includes 22 of the original natural species. Louise has plans to locate the rest and bring them to Penzance.

Louise showed beautiful pictures to illustrate the differences between the following types of dahlias:- Anemone, Ball, Cactus, Collerette, Decorative, Karma, Orchid, Pompom, Star, Waterlily.

She projected pictures to help describe the way to take cuttings. She explained that although they rear thousands of new plants from cuttings, they receive some 37,000 tubers of plants from other growers for sale to the public. New varieties are also reared on the farm from seed. Louise explained that Mark Twyning, who works in the farm, has developed several new cultivars. 'After 8' which he reared and named, has received an RHS award of merit.







The problem of slugs was discussed. Louise said that they used one application of the iron based pellets. She suggested that gardeners could rear dahlias in pots, away from slugs, and later sink the pots in a flower bed when the plants were more developed.

Having given an interesting and enthusiastic talk, Louise invited us to visit the farm on their Open Day or when they are open to the public in late Summer.

Howard Bolt

January - 'Garden Visitors' by Pat Ward

The 10 January talk in the WI Hall was given by Pat Ward from Perranwell who was trained in horticulture at Nottingham. As well as her love of plants, she is an avid photographer, which was clearly demonstrated by her beautiful pictures she used to illustrate her talk titled "Garden Visitors".

The photographs were nearly all from her garden. Although her garden is not huge, it was surprising how many different types of visitors she recorded. From dragonflies to spiders, frogs to butterflies, Pat showed some 60 different creatures. Her photographs showed how beautiful many of the creatures are, not



forgetting how adventurous visiting squirrels are as they help themselves to bird food.

The information Pat gave to accompany the photographs was most interesting and often amusing. e.g.1: spiders have to suck up food in liquid form, so they inject their prey with enzymes which dissolve the insides of the victim. 2: common lady birds can fly at a height of over a kilometre. 3:crab spiders are able to change colour in order to camouflage themselves for protection. 4: painted lady butterflies migrate to Southern Morocco in a single flight.

In all, a most pleasant evening.

Festive Party

The Garden Society festive party at the WI Hall on 6 January was well attended.



Many thanks to all those bringing food and Janet Green for 'decking the hall'.

A pho-

tographic guiz about the Parish contained 2 unknown pictures. Where are these located? Readers may have a clue: the location is a village not seen on the Jubilee Stone opposite the Spar because the label "Constantine Parish 2012" is in the way!

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The Constant Times CONSTANTINE CALENDAR

February 2019

Mon (every) - Constantine Craft Club W.I. Hall. 2.00 - 4.00pm.

Tues (every) – Yoga. 6.30pm. Tolmen Centre. Contact jess@yogagrace.co.uk

Tues (every) – Zumba Class 6.30pm Church Hall, info@ruthiesfitnessclasses.co.uk

Tues (every) – Kundalini Kria yoga. The Goosebarn. 10.00 - 11.30 £8

Contact: Anna Lemprier on 07971 290464 or AliceRollinson on 07950 935590

Weds (every) – Todlins. 9.30am. Tolmen Centre.

Weds (every) - Ladies' Craft Group, Gweek Mission Church 10.00 - 12.00.

Thurs (every) – Body Blitz Fitness 6.45pm Church Hall, info@ruthiesfitnessclasses.co.uk

Thurs (every) – Port Navas Art Group. 1-4pm. Port Navas Village Hall. Contact Ron Prior on 340566.

Thurs (every) - Weekly Whist Drive. 7.30 - 10.00pm Constantine Social Club. New whist players welcome. Call 07557414231 for further details or just turn up to play.

Fri (every) – Fitness Fusion.11.30am.Tolmen Centre.

Sun 3 - Save the Children Sunday Brunch 11am - 1 pm Navas Hill House Aline Turner 251233

Sat 9 - 'Gilthead Seabream in UK Waters' HMCG Illustrated talk at at Gweek Village Hall, 7.30pm.

Mon 11 - Constantine WI AGM, WI Hall.

Thurs 14 - Transition Constantine meeting, 7:00 pm, Queen's Arms.

Thurs 14 - Constantine Cottage Garden Society AGM. WI Hall, 6.45pm. Followed by John Moreland illustrated talk on creating three gold medal Chelsea gardens.

Fri 15 - Constantine History Group. 'Iron Mining in Cornwall' with Tony Brooks. WI Hall. 7.15pm.

Mon 18 - Constantine Museum re-opens.

Mon 18 - Constantine One & All Club

Social Club .Ronnie Rashleigh. Start 2 15pm

Mon 25 - WI Soup & Pud lunch.

Tues 26 - Save the Children AGM 9.30 for 10 am WI Hall, Constantine. Jacqui Hessing 341484

March 2019

Mon (every) - Constantine Craft Club W.I. Hall. 2.00 - 4.00pm.

Tues (every) – Yoga. 6.30pm. Tolmen Centre. Contact jess@yogagrace.co.uk

Tues (every) – Zumba Class 6.30pm Church Hall, info@ruthiesfitnessclasses.co.uk

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Fri (every) – Fitness Fusion. 11.30am. Tolmen Centre

Weds 6 - Save the Children Fun Quiz & Supper. 6.30 pm Constantine Social Club. Aline Turner 251233.

Thurs 14 - Transition Constantine meeting, 7:00 pm, Queen's Arms.

Thurs 14 - Constantine Cottage Garden Society. 'All you need to know about Surreal Succulents' by Daniel Michael of Tremenheere. WI Hall 7.30pm.

Fri 15 - Constantine History Group. 'Captain Joseph Banfield' with Charlotte Mackenzie. WI Hall. 7.15pm.

Sat 16 - Helford Marine Conservation Group AGM, Oyster talk and Supper. Gweek Village Hall, 7.30pm.

Mon 18 - Constantine One & All Club . Social Club. Accordion Band. Start 2 15 pm .

Sat 23 - Constantine Primary School Spring Fair. Tolmen Centre. 11.00am-3.00pm.

St Constantine Church Services

Sun 3 February 8.00 am BCP Holy Communion 10.30 am CW Holy Communion

Sun 10 February 8.00 am BCP Holy Communion 10.30 am CW Holy Communion

Sun 17 February 8.00 am BCP Holy Communion 10.30 am CW Holy Communion

Sun 24 February 8.00 am BCP Holy Communion 10.30 am

Fri 1 March 2.00pm 2pm World Day of Prayer 2019 (A Women led, Global, Ecumenical movement) All welcome to attend.

Sun 3 March 8.00 am BCP Holy Communion 10.30 am CW Holy Communion

Weds 6 March (Ash Wednesday) 7.00pm CW Holy Communion with imposition of ashes

Sun 10 March 8.00 am BCP Holy Communion 10.30 am CW Holy Communion

Sun 17 March 8.00 am BCP Holy Communion 10.30 am CW Holy Communion

Sun 24 March 8.00 am BCP Holy Communion 10.30 am CW Holy Communion

Sun 31 March 8.00 am BCP Holy Communion 10.30 am Family Service for Mothering Sunday

(*BCP – the Book of Common Prayer, CW – Common Worship)

Everyone is very welcome and refreshments are served after the 10.30am Sunday service. Thursdays 10.00am BCP Holy Communion followed by Ladies Fellowship



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Constantine History Group reports

October - The Harveys of Hayle

Constantine History Group enjoyed a comprehensive and fascinating talk by Kingsley Rickard about the Harvey family and their manufacturing and engineering achievements in Hayle at their October meeting.

John Harvey, a blacksmith in Gwinear saw a better future in Hayle and soon established an engineering works there in 1799. Conflict with the neighbouring Copper House Company went on for 30 years but was finally purchased by the Harveys and Hayle became a one company town where Harveys ran the store, the hotel, a grist mill, lime kilns, a timber business as well as the engineering company and owned many of the houses.

Following John's death, Henry, his son, grew the business with his brother in law, but Henry remained unmarried. He and

his sister took in six children from his sister, they supported Mrs Trevithick (another sister) and her family and Henry fathered eleven children with his mistress.

Despite being involved in building beam engines, which were exported all over the world, constructing ships and their involvement in shipping, the number of family members and the lack of research and development eventually saw the collapse of the company in 1903.

Many buildings and structures from the time of the Harveys remain in Hayle and the main office of the business is now the Hayle Heritage Centre.

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For further Particulars, apply to

HARVEY and Co., Engineers and General Merchants.

Don Garman

November - AGM & Constantine in the First World War

The Constantine History Group held its AGM at the November meeting after which Don Garman shared research undertaken by the Constantine Museum into life in Constantine between 1914 to 1918.

By January 1915 48 men from the parish had joined up and a further 132 were eligible. Until conscription in 1916 recruitment visits by detachments of the DCLI were frequent. Villagers were expected to provide a welcome, food and accommodation as well as attending meetings addressed by officers.

In the early days of the War, parishioners reported suspicious persons to the West Yorkshire Regiment who were patrolling the coastline and two suspected spies were apprehended but later released. The women of the parish led by Alice Hext of Trebah quickly organised committees in late 1914 to support



DCLI recruitment team - with dog - visiting one of many Cornish villages

those now serving in several theatres of war. The women made items of clothing for the men and raised funds for the families who had lost their main source of income and also for Belgian refugees who were arriving in Falmouth.

The shortage of manpower, poor harvests and U boats began to have an impact on food production and the Constantine War Committee sought to involve women in farm work. Some farmers were more willing to accept female labour than others. Classes to encourage the keeping of poultry and cheese making were also organised and later in the war the Women's Land Army was established and at least two girls from the village were trained. The requisition and thus shortage of horses for farm work led to the first tractor being seen in the village at Trenarth Farm.

Charles Hext of Trebah, Joseph Gundry of Trebah Farm and J.B.C Seager also provided community leadership. Once peace was declared the village set about organising a war memorial and a welcome home. The location of the war memorial caused some concern as the non-conformists were not happy about the Churchyard location, however the eventual service included both C of E and Methodist ministers.

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2018 - Constantine Silver Band's 41st year

Dougie Down

The band continues to go well, and remains very much a community band playing and supporting our village and surrounding area. At present we have over 30 players at different stages, mostly made up of village parents and young people. We practice in the Social Club on Tuesday nights. Classes start at 7.00 with beginners, followed by the main band at 7.30. New members are always welcome so come along. Instruments are on loan for free, as is tuition.

Our busy time started in July with the band and its youth playing in the marquee which was greatly enjoyed by all. Following on Sunday 15th was our 37th year of Brass on Grass with our guest bands Camborne Town, Helston Town, St Keverne and Lanner & District Silver Band. Brass on Grass has become more popular each year and continues to be one of the best band events in the area.

The parade was led by the band's presidents, Richard & Tracey Clowes, with Tracey also introducing the evening and welcoming BBC's Donna Birrell who was compere for the evening.

Inside the marquee, the audience were entertained with a varied musical programme from each band with many aspects of individual and duet performances highly applauded.

At the end, the massed bands under the batons of, Kevin Mackenzie (Pomp & Circumstance), Gareth Churcher (Trelawny), Kevin Johns (The Floral Dance) and Aaron Harvey (The National Anthem) played us out with an ever popular and rousing performance in which the audience stood and waved flags to the playing of Trelawny and Land of Hope & Glory with the singing was led by Melanie Uren.



On Saturday 21 July we had the garden show with the Band pleased to be playing once more for the event. A week later at the Port Navas Regatta, the band was also happy to entertain the many people who attended. On 1 September, we played for the Church BIG BBQ and FUN DAY. Not the best of weather but an enjoyable event.

On Thursday 8 November we took part in a concert, Lest we Forget, an informal evening of music and reflection in the church which was decorated with hundreds of knitted poppies and various displays of memorabilia to remember 100 years since the end of the First World War. We then played in the Remembrance Day service on the 11th with the last post played by Allison Symons, Angela Alexander and Samantha Rowe-Papastavrou.

Christmas started very early for us this year in the beginning of November with six Turkey & Tinsel at the Membley Hall Hotel. In December we had three visits to Trago Mills, a wedding reception at Budock Vean Hotel, the village parade and the switching on of the tree lights, playing carols at Asda, then on to Port Navas for carols and switch on of lights at the village hall. This was followed by the Christmas carol service in Church, and then carols at the Social Club. To finish we played at Budock Vean Hotel on Christmas Eve.

January WI - the Passmore Edwards legacy

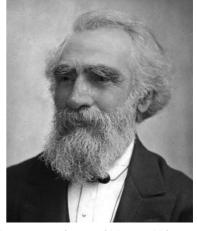
Barbara Willoughby

Also known as 'Mr Great Heart', John Passmore Edwards was born in 1823 in Blackwater. His father was a carpenter and although they were teetotallers they brewed and sold beer to supplement their income. Although education was minimal, he was taught to read and write, left school at the age of 12 and worked on the family smallholding, from where they sold their produce.

He tried several working positions trying to get into journalism, with newspapers, under clerk for solicitors, lecturing in colleges, but they were very short lived, each lasting approximately eighteen months only.

In 1850, age 27 and with savings of £50, he borrowed money to start publishing, editing and writing his own newspaper, but this too was unsuccessful and he ended up in Debtor's Prison, a bankrupt and suffering physical breakdown.

Following this he began writing in popular magazines, The London Echo, and building up his portfolio in Newspapers. He had paid off his debt with interest by 1876 and in 1880 he was elected to Parliament.



This was the beginning of his bequests which totalled £250,000 (90% of his wealth), firstly giving 500 books and help with building The Blackwater Institute/Library. This continued throughout his life spreading countrywide with donations for building and/or supplying equipment for hospitals, libraries, holiday homes for London's East End children, working farms with accommodation for The National Epilepsy Society (which are still in use), colleges of art & science, and convalescent homes. In total there are over 70 Passmore Edwards buildings nationwide, 20 of which are in Cornwall. He was the



first person to be given the Freedom of the City of Truro and in his final year age 88 he said "My work is not yet done". His obituary was in The London Times and has been thought of as the Richard Murdoch of his Day. A very inspiring man.

Our speaker Mr Dean Evans was warmly thanked by Dominique Hayes.

Our Annual meeting is on Monday 11 February when

new members are welcomed onto our Committee to bring new and fresh ideas. We look forward to many more years of Women's Institute in our village of Constantine. Our next Soup & Pud Lunch is on Monday 25 February.

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Night Sky

In February the Little Bear, Ursa Minor, seems to hang by its tail which is a pointer to Polaris the Pole star. The second brightest star in this constellation is Kokab an orange giant about 300 light years away.

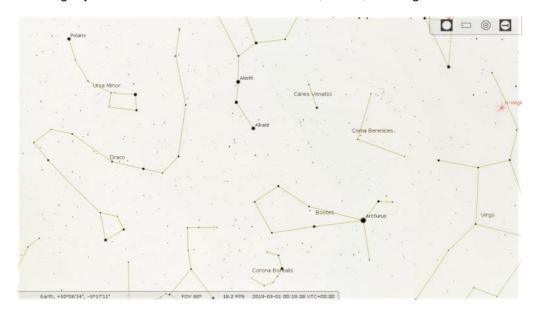
A less obvious constellation is Camelopardus, slightly to the west of and below Polaris. This constellation was created by Plancius in 1612 as a space filler, his other offerings such as the Bee and Cockerel are no longer above us!

In March the seven stars of the Plough climb higher in the north east and pull Boötes, the celestial herdsman, higher into the night sky. Arcturus at the foot of Boötes is the brightest star of the northern hemisphere. It is an aging orange giant, the colour is due to the relatively low surface temperature of 4300°C. Boötes is lead into the night sky by his two dogs Chara and Asterion represented by the constellation Canes Venatici, the Hunting Dogs .Cor Caroli, the only bright star of Canes Venatici, is a binary system which can be split in a small telescope.

Below Boötes is the small but delicate constellation Corona Borealis. This contains two variable stars, R Coronae and T Coronae. R has a habit of changing from its usual brightness as a binocular object to extinction for a time which can vary from a week to years as dust clouds swirl around it. T is usually invisible but occasionally will become the brightest object in the area when it draws material from a companion star onto its surface.

There are two events to get into the diary. The first is a Super Moon on 19th February in the east north east from about 5.30pm onwards. The Moon will appear to be about 8% larger and 16% brighter as seven hours earlier it will have been at perigee, the point in the Moon's orbit when it is closest to Earth.

The second event to look out for occurs on the 28th of February. Visually planets are morning objects at the moment and on the 28th Venus, Saturn, a waning crescent Moon



Robert Beeman

and Jupiter will be close together in the pre-dawn sky about 40 minutes before sunrise. To take full advantage of this conjunction find a site with a good clear south to south east horizon. Be aware that the Sun will follow Venus quite quickly so take care if using optical aids and stop observing well before the Sun comes up over the horizon.

Wishing you clear skies.

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Constantine Parish Council Minutes

Cllr John Andrew

Meeting 18 October 2018 Public Question Time

With reference to planning application PA18/07726 members noted that the application is for changes to the main dwelling, garage and to the summer house.

- A flood risk assessment has been commissioned and will be forwarded to the Planning Authority before a decision is made for the proposed annex.
- The annex is within the domestic curtilage of Low Barn and is designed for an elderly relative and, in due course, friends.
- The annex will be raised about 2ft above ground level to allow for any flooding.
- The annex is not linked to the main property as it is not possible to do so.

Cornwall Councillor's report

Ccllr Bastin reported that..

- Louise Wood is the new Head of Planning at Cornwall Council
- Cormac has installed a new drainage system at Bosvathick which, he understood, has eliminated the flooding at this point

Parish Matters.

The Alice Hext Trust

Members noted the findings of an Electrical Installation Condition Report on the Pavilion which detailed eleven defects, six of which mean that the inspector is unable to issue a 'satisfactory' certificate. After discussion all agreed to accept a quotation from Holland & Long in the sum of £738.45 + VAT to rectify all faults found. The pavilion is closed until the work has been completed.

Public Convenience

Members considered a quotation from Mr

Beckerleg in the sum of £231.60 for the replacement of the plastic to obscure glass to two of the windows in the public convenience. After a short discussion it was agreed to accept this quote. Members also considered a quotation for £186.33+VAT from Holland & Long to replace electrical fittings to the convenience. This was also agreed by all to accept.

Planning Matters

There were six applications for planning approval. There were four approved.

Meeting 15 November 2018 Public Question Time

With reference to planning application PA18/10133 for the construction of an access lane on land south-east of Panoramic View members noted that

- the proposed access will be considerably safer than the existing
- The lane the existing dwellings access is becoming increasingly well used by vehicular traffic
- following refusal of an earlier application for a similar access the Planning Officer recommended that the new entrance should look more agricultural in appearance. This they have tried to do.

Cornwall Councillor's Report

Ccllr Bastin reported that:

- Cornwall's budget for the coming financial year is based on a proposed increase of 3.99%
- Central Government has given the authority some £30 million to spend on repairing potholes

Parish Matters

The Alice Hext Trust-Pavilion

Members noted that the electrics have now been repaired and the pavilion is now again safe to use.

An informal meeting with John Bryant of Eco Architectural in Falmouth had proved useful for the improvement of the pavilion at the Recreation Ground, to be used for sport and community.

The Lawn Cemetery

Members reviewed the scale of charges, the fee for a burial plot will be raised to £300 and all other fees proportionately. A copy of all costs is available online.

Planning Matters

There were three applications for planning approval. There were six were approved.

Meeting 13 December 2018 Public Question Time

Mr White & Ms Milano were at the meeting to talk to the members about the problem of Greenhouse Gases. They asked members to consider declaring a Climate Emergency in line with Bristol City Council and others.

Cornwall Councillor's Report

Ccllr Bastin reported that:

- the Boundary Commission has confirmed that, with effect from May 2021 the Ward of Constantine and Mawnan will also include the Parish of Mabe.
- The Cabinet will shortly consider a proposal to change the way household rubbish is collected. In the future recyclates to be collected on a weekly basis, and for non-recyclable waste to be collected on a fortnightly basis: Members were wholeheartedly against this proposal.

Parish Matters

The Alice Hext Trust

Members noted that Mr John Bryant has kindly drawn up a couple of ideas for what might be built in place of the current pavilion. Members will be discussing this further and will be calling a public meeting of the parish early in the New Year.

Planning Matters

There were eight applications for planning approval. There were three approved.



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Wednesday 13 February **The Big Sick**

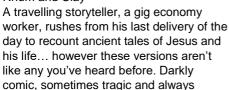




When Pakistan-born Kumail (Nanjiani, who stars as himself) meets and falls in love with American Emily, he has to take on the expectations of his family, their 1400-year-old traditions, and his desire to forge a career in stand-up comedy. The day before Valentine's Day, a sensitive, funny and truthful take on modern romance. Tickets £4

7:30pm Saturday 16 February **Mistero Buffo**

Rhum and Clav



Whats On at the Tolmen

subversive, Mistero Buffo takes aim at those who manipulate truth and belief for power and control. "Spooner tackles a huge cast of characters...with astonishing sharpness and clarity."...The Guardian. "Magnificent production...an astonishing performance." ..The Stage. Tickets £10

7:30pm Wednesday 27 February **The Bookshop**





Set in a small town in 1959, the story of a woman who decides, against polite but ruthless local opposition, to open a bookshop, a decision which becomes a political minefield much to the horror of the mysterious recluse and novel lover Edmund Brundish (Bill Nighy).

Tickets £4

Centre - February & March

7:30pm Friday 22 - Saturday 23 February

Drip, Drip, Drip

Pipeline Theatre Preview
In overstretched NHS hospital, a trainee nurse from Eritrea and a Muslim doctor treat David – cancer patient, discredited academic, and racist. As life ebbs, reality splinters, jumping between the Nazi euthanasia programme, a burns clinic in Africa, and a National Front march in 1977. But the most pressing reality of all is that Professor David Jeffs has a lecture to finish, and time is running out.

A break-neck, darkly comic and taboobusting journey through an NHS phantasmagoria. Tickets £8

7:30pm Sunday 3 March Sam Carter

Named Best Newcomer at the 2010 BBC Radio 2 Folk Awards, Sam Carter has been stirring audiences from Camden to Canada, via an attention grabbing appearance on Later... with Jools Holland and a tremendous performance in a specially assembled band to back Richard Thompson at Shrewsbury Folk Festival. Described as 'the finest English-style finger-picking guitarist of his generation' by Jon Boden (Remnant Kings, ex- Bellowhead), Sam has toured the world, equally happy to perform intimate solo shows on acoustic guitar, on electric with a full band, or to collaborate with other artists. Tickets £11

7:30pm Wednesday 13 March Under the Tree

A man accused of adultery and forced to move in with his parents while he fights for custody of his four-year-old daughter, is gradually sucked into a dispute between his parents and their neighbours over an old and beautiful tree. Tickets £4



7:30pm Friday 22 March Pete Oxley & Nick Meier





These are two masterly guitarists, although very different in style. Oxley has been playing on the British jazz scene since 1997, with everyone from Stacey Kent to Gilad Atzmon, while Meier, originally from Switzerland, has toured the world, absorbing musical idioms en route. In the course of a dozen pieces the array of changing sounds, moods and textures they create is gorgeous, fascinating and apparently endless. Tickets £11

7:30pm Saturday 30 March
Twisted Tales 'Owdyado Theatre
Twisted Tales is a hilariously dark triple
bill of riotous comedies that reveal the
darkness under the domestic, the lengths
people will go to for love, and how to
wash blood stains out of a carpet. Inspired by cult series TheTwilight Zone
and Inside Number Nine, this series of
dark comedies is co-written by Daniel
Richards and Charlotte Bister and distinguished Cornish writers Brett Harvey and
Jon Welch. Tickets £10, £8, Children £5

The Constant Times

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Submission Deadlines:

Deadline for news items, calendar entries and other submissions for the April/May 2019 issue is 15 March 2019. Please send to constant.times@gmail.com or deliver to the





HAVE YOUR SAY If you have an event to publicise, a view to air, or an interest to share, send us your articles!

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